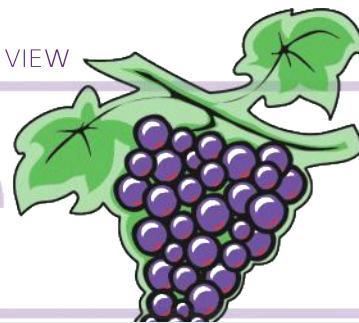


THE Grapevine



April 2018

50p

THE NEWSLETTER OF FLACKWELL HEATH COMMUNITY ASSOCIATION



AGM

Thursday 26 April

8pm in the Sarney Room,
Community Centre

Everybody welcome,
especially users of the Centre

Flackwell Heath Community Association (FHCA)

We run the Community Centre!

The Centre is run entirely by volunteers, and they need help!
They are struggling to continue. There is currently NO Bookings Manager.

Help also wanted in other fields – e.g understanding the new Data Protection regulations, helping with website, internet searches, unlocking sometimes at weekends, putting rubbish bins out for collection, meeting the cleaning supervisor once a month.....

An hour of your time each month would be a help!
The Centre is very well used, it would be a shame if it had to close



**Girls Brigade invites you to a
Spring Fair and Car Wash**

**Saturday 28 April from 10am until 12
noon. Entry free.**

There will be things for all the family at
the Methodist Church:
cake, book and toy stalls;
crafts and cake decorating for the young
and young-at-heart.

Or just tuck into the refreshments
– all whilst your car is given a great
spring clean in the nearby Christ Church
car park.

Come and enjoy!

In association with



COMMUNITY LITTER PICK & GARDENING

SATURDAY 14 APRIL 2018 | 10:30 – 12:30

MEET IN JUBILEE GARDEN
OR
GREEN DRAGON LANE PLAYING FIELDS

Come and help us tidy up our village

Give Jubilee Garden a spring makeover
(bring your own tools)

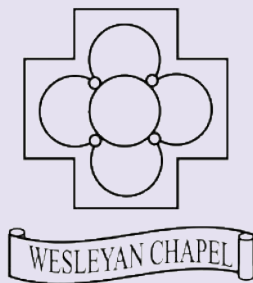
All litter pick equipment provided

Refreshments after at the Methodist Church &
Flackwell Heath Minors Clubhouse

All welcome,
including children
and well behaved
dogs



FHRA Charity No. 1111230



FLACKWELL HEATH METHODIST CHURCH

Sunday 1 April, EASTER SUNDAY

– 8.30am – HOLY COMMUNION led by Rev Nick Thompson followed by breakfast (please sign the sheet in the church if you would like to come to breakfast so we have an idea of numbers).

– 11am – ALL-AGE EASTER WORSHIP led by Nigel and Pam Sweet.

– 6.30pm – We will be joining Christ Church's EASTER SONGS OF PRAISE service.

Sunday 15 April, 11am – SUNDAY LIVE! with food from 10.15. A service for young families and the young-at-heart, led by Rev Nick Thompson

Saturday 21 April, 10 to 12 noon – WHO LET THE DADS OUT??? For Dads, granddads, uncles and any male carers to spend time with their under-fives to give Mum a break and share snack-time together. Bacon butties available!

Sunday 22 April, 6.30pm – CELEBRATE! A lively music-based service led by Rev. Nick Thompson and including HOLY COMMUNION.

Sunday 29 April, 6.30pm – JOINT SERVICE AT CHRIST CHURCH.

All weekday groups meet at their usual times, with Sunday services at 11am and 6.30pm, except where specified above.

Other activities and information can be found on our website www.fhmc.org.uk; or please contact our senior steward Suzanne Soper on 01494 673403, or our minister Rev Nick Thompson on 01628 483985; or email us at info@fhmc.org.uk

www.fhmc.org.uk
www.facebook.com/FlackwellHeathMC
prayer.requests@fhmc.org.uk

The Girls' Brigade



Preparing a present for Mother's Day

The Girls' Brigade is an exciting activity for girls from Reception age to 18 year olds. We meet every Tuesday in term time at the Methodist Church at 5.45pm until 7.30pm (younger children finish at 7pm). It is a place for fun, friendship and getting to know more about God.

We usually divide into 3 age groups and have a variety of craft, games, Bible stories and discussions, cooking and drama. During the year we work towards badges which are awarded at the end of the summer term. Parents and friends are invited to the Award Ceremony which is rounded off by a BBQ to really celebrate all that the girls have achieved.

We also have 'special activities'; this term we enjoyed a film night, serving popcorn and soft drinks in the interval.

In the summer term, we are planning a trip to the Bowling Alley in Wycombe and a visit to Higginson Park in Marlow on the train. We have an annual sleepover in July, packed with activities, food and 'some' sleep!

Girls Brigade supports the village community through activities such as running a stall at the Charities Fair in November, village litter picking and attending the Remembrance Day Parade. In April we have our own Spring Fair and Car Wash to raise funds.

We are currently a group of 25 girls and there is space for more! There is no waiting list – so why not come along on a Tuesday night and try us out?

For more information please phone Ruth Lisle on 01628 523972

Flackwell Amblers

If you would like to join us on Sunday 22 April 2018 The Flackwell Amblers will be going for a walk in Cookham. We will be meeting at the ex-Budgen's car park at 10am. This walk will last approximately 2 hours and is undertaken at your own risk. Please wear walking boots or strong shoes. N.B This walk may be subject to change at short notice due to prevailing weather conditions. New walkers always welcome - just turn up on the day. The next date for your diary will be Sunday 20th May.

C. Barker



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Christ Church has three services every Sunday: a 9am traditional Holy Communion service; a 10.30am more contemporary service with children's and youth groups, and a 6.30pm quieter evening service to end the day. There is something for everyone!

1st and 5th Sundays at 10.30am are **'Worship for Everyone'**. It is what it says... worship for everyone... for all ages and all-stages! On Sunday 29 April there will be an all-age Service of Holy Communion. On the Sundays in between our fabulous **Junior Church** team put together an exciting programme for under 11's. You are very welcome.

From **Sunday 8 April to Sunday 15 July** at 9am and 10.30am: We continue our Sunday sermon series **'Name above all**

Names', exploring the deeper meanings behind the primary names and titles of God recorded in the Bible, continuing in the Old Testament, but moving to the 'I am' saying of John's Gospel.

'Prayer for Healing' is offered regularly every 3rd Sunday morning as part of our 9am service of Holy Communion. The next date is Sunday 15 April. Healing Prayer continues to be offered every Sunday after the 10.30am service.

Are you considering having your child christened? As a first step why not come along to an **'Exploring Baptism'** event at Christ Church. Contact the Church Office for more details.

Planning a **Wedding in 2018/9?** Have you considered getting married in Church? It's easier than you think! We would be pleased to assist you in your

thinking. There is information and other helpful advice on getting married in Church on the Church website.

Children's parties? Birthdays? Celebrations? Dinners? Business meetings? Exhibitions? Training? Conferences? With bright and modern facilities **the Christ Church Centre** can accommodate most needs! We have a large main hall plus a small meeting room, all with good disabled access, and easily accessible, well-equipped kitchen and toilets. We also have a large carpeted Upper Room. Tables and chairs are available. We provide off-road parking for 27 vehicles.

Please contact the Church Office for further information on any of the above (Phone 01628 533004: 9.00am – 1.00pm Monday to Friday or email admin@ccfh.org.uk) or visit www.ccfh.org.uk

Dates for your Diary

April

- Sunday 1: Easter Sunday services, see pages 2 & 3
- Sunday 1: RAF Centenary Service, 3pm at War Memorial, Common Road
- Saturday 14: Litter Pick, 10.30am – noon, see page 1
- Monday 16: Local History Group Talk: 'Steam on the Met and Chiltern Lines' see page 5
- Tuesday 24: Residents' Association AGM, more details next month
- Thursday 26: Flackwell Heath Community Association AGM at Community Centre, 8pm, see page 1
- Saturday 28: Girls' Brigade Spring Fair at Methodist church, see page 1

May

- Saturday 12: Concert with Fiona Harrison
- Monday 14: Local History Group Fact Finding Forum
- Friday 18: Diabetes Day at 227 Blind Lane, games, tombola, refreshments

June

- Saturday 2 & Sunday 3: FH Minors Football Club Grand Tournament at Green Dragon Lane Ground.

July

- Sunday 8: Carrington Schools Fête
- Sunday 15: Village Picnic



Flackwell Heath
Residents' Association

FLACKWELL HEATH RESIDENTS' ASSOCIATION

AGM

Tuesday 24 April

Venue to be announced

Look out for posters with more
details!

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Neighbourhood Watch News

April 2018

Spring has arrived

The dawn is getting a bit earlier, sunset a bit later and the days that little bit longer and warmer. The clocks went **FORWARD** 1 hour on Sunday March 25, so everyone will have reset their clocks and watches unless radio-controlled. What about all your security and other timers? Have they all been adjusted? And don't forget to review security timers throughout the year to ensure that they are switching devices **ON** and **OFF** at appropriate times!

Tabletop Event, Christ Church

Maybe you were able to attend the event on 23 March. On offer were the Card Defender to protect your Credit/Debit cards from the 'skimmers', and the new Defender Signal Blocker, which is a special wallet for shielding your mobile phone from ALL incoming calls, alerts and messages whilst you are at the wheel. It is also claimed to protect your car's keyless fob from being 'relayed/skimmed' whilst your car and contents are parked.

Cold Calls and Phishing

We continue to be plagued with 'cold calls' to our phones, and phishing emails into our Inbox. Many phone service providers now offer systems to screen incoming calls – those that manage to sneak past your Telephone Preference (TPS) settings – although most charge for this service! We have activated TalkTalk's 'Call Safe' and I have to say it seems pretty effective, easy to manage and FREE, and it has now replaced my own system which screened calls using the answering machine and caller display!

Phishing emails seem to hit the inbox on a daily basis with those claiming to be from HMRC offering tax rebates being prevalent as I write this. Most legitimate organisations now have an email address to which you can 'forward' any phishing email, and then DELETE the message from your device. A simple 'Google' search eg. 'HMRC report phishing' will generally find the email address required. In addition, such phishing email can be forwarded to Action Fraud, the UK's national fraud and cyber crime reporting centre, who will pass them to the National Fraud

Intelligence Bureau (NFIB) run by the City of London Police for collation and analysis. The appropriate address for Action Fraud is: <https://actionfraud.police.uk/scam-emails> and it will help them greatly if you can include the 'Message Headers' with the forwarded message, as these provide information about the origin and routing of the phishing message. Instructions on how to 'reveal' message headers for various email applications can be found at:

<https://mediatemple.net/community/products/dv/204644060/how-do-i-view-email-headers-for-a-message>

For further information about any of these topics or about Neighbourhood Watch, contact:

David Gresswell – Area Co-ordinator:
Flackwell Heath:

Tel: 525019

e-mail: flackwell-nhwatch@talktalk.net

Police General & Non-emergency number: 101

Community Safety Team (Anti-social behaviour): 01494 421 087

Crimestoppers (Anonymous):
0800 555 111

Trading Standards (Consumer Direct):
0345 4 04 05 06

Cyberaware –
<http://cyberaware.gov.uk>

ACTION FRAUD: 0300 123 2040
(<http://www.actionfraud.police.uk/>)

The Information Commissioner's Office:

0303 123 1113

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CARRINGTON JUNIOR SCHOOL

World Book Day

This was celebrated a week later this year due to snowy weather on 1 March. The children and staff all made a tremendous effort and looked fabulous in their weird and wonderful costumes. There were princesses, vampires, ninjas, Alice in Wonderlands, Cat in the Hats.....

We started the day with a World Book Day assembly. The hall was the most remarkable sight – as all the book characters made their way in. Mrs Gray, our Year 6 teacher, herself dressed as a witch, led the assembly. The theme of World Book Day this year was sharing books and we all had great fun doing so. Mrs Lomas, dressed as Professor Prelawney, took lots of photos of the characters.

Apart from lots of book activities going on in the classroom, the children went to hear their favourite book being read to them by a member of staff who remained anonymous until then. Everyone had a great time listening to the stories, and the staff enjoyed it too! The Year 3 children were very excited to share their gruesome potions with me based on the novel 'George's Marvellous Medicine'; I was impressed with the ingredients they had chosen and what they would do when taken!

Following lunch (which resembled the great dining hall in Harry Potter), our Year 5 children heard Year 1 from the Infant School read and they were very impressed. Later in the afternoon, parents were invited to come and read with their children to finish the day. And lots did! Parents enjoyed it so much that we will try to do this more often.

If anyone would like to *share reading with us* on a regular basis please do let us know, the children love reading aloud to others and talking about their books and it's such a pleasure to hear them read.

And so the day ended as all the wonderful book characters left the school having had one of the most wonderful days of the year so far.



FLACKWELL HEATH COMMUNITY LIBRARY

Yoga at the library – with music, meditation and essential oils

Find a peaceful place to connect with your true self. If you want to: perfect your posture; improve flexibility; protect your spine; connect with your breath and much more, then try Yoga.



Classes are run by Alexandra Alves, a Level 2 Yoga Alliance certified teacher who has trained in India and the Far East, in many different forms of Yoga.

Hatha Yoga classes run every Sunday 10-11.15 while Yoga Nidra & Meditation run on the last Thursday of each month 20.30-21.30.

To find out more call Alexandra on 07786 332695 or visit her web site yogabycandlelight.co.uk.

Our regular activities

Yoga sessions – see above

Coffee & Craft Group – Every Friday between 10 and 12noon. To find out more contact Alison Moyes (mobile 0753 248 5594) or Julia Baldwin (mobile 0797 345 8977).

Bounce & Rhyme for under 5s – Every Thursday during term time from 10.30 to 11am. No need to book, just turn up.

Sewing Bee – Held on the 4th Wednesday of every month, between 7 and 9pm. To find out more please call Alison on 0780 3044 298.

Family History Research using the internet, see Local History Group.

Flackwell Local Area History Group

The next **Talk** at the Flackwell Heath Library will be on Monday 16 April 2018, from 7.30pm. John Gurney presents a new talk on the history of the local railways '**Steam on the Met and Chiltern Lines**'. Topics included will be:

- The Metropolitan Railway which spawned the term 'Metroland' via Amersham to Verney Junction and its steam locomotives
- The Brill Steam Tramway
- The construction of the Marylebone main line from Denham to Princes Risborough and its steam locomotives

This is a ticketed event. The tickets are available at the library from Tuesday 13 March, and are £5 (£3 to friends of FHCL). Please note that tickets will not be available on the night.



Fact Finding Forum

The next one is on 14 May at the Flackwell Heath Library, from 7.15 – 9pm. There is no subject for this evening but just a general chat about the local villages. If you would like to bring along photos or anything else you think may be of interest then please feel free to do so. We look forward to seeing you

Appeal Corner



We recently had what appears to a piece of letter-paper or invoice handed to us headed 'Ye Olde Lolli Poppe Shoppe'. We would like to know if anyone remembers the shop or its proprietor G. W. Roe (it was also a Gentleman's Hair Dressing Saloon), maybe where the shop was located or actually visited the shop? If you do have any information, photos etc please feel free to contact Pat Trotter on 01628 524332 or email pattrotter@talktalk.net

Family History Research - To arrange a research session at the library please contact Gill Kyle on 01494 436314 or by email donkyle@btinternet.com The sessions cost £2 for 50 minutes plus the cost of any photocopying.

Like us on Facebook/Flackwell Heath, Loudwater & Wooburn Local History Group www.localhistorygroup.org.uk



Please call into the library to see updated details of all these activities, Flackwell Local Area History Group events and any new events that may be arranged from time to time.

Flackwell Heath Community Library,
Chapel Road, Flackwell Heath, HP10 9AA

Tel: 0845 230 3232

email: fhcl@flackwellheath.net

web: www.buckscc.gov.uk/libraries



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Simply Waste Solutions

Who's one of the largest firms in Flackwell? You've probably never heard of them: Simply Waste Solutions. They are a 'zero to landfill' (i.e. nothing gets sent to landfill) waste haulage business, collecting waste from single sites to national businesses.



They specialise in collecting four main types of waste: food, glass, mixed recycling and general, but their expertise continues across other materials too. Their head office is above Budgen's old shop, and has been since 2013. Around 40 of their 155 employees (who are nearly all permanent) work there.

The founder and CEO, James Capel, spent his teenage years living in the Happy Union pub at the bottom of Treadaway Hill. Later he lived in Loudwater and worked for Biffa. In 2006 he left and set up his own business with just two second-hand trucks. Today they have over 50 trucks of 7 different types, they operate in large parts of Buckinghamshire, Oxfordshire, and most of London. They can also fulfil contracts covering a national geographical area by co-operating with other firms, their 'approved partners'.

Their depot, where their lorries and remaining employees are based, is in West London, near Heathrow. Currently there's a shortage of Large Goods Vehicle (LGV) drivers and young people taking up driving as a career, to combat this, last year they set up their own driving academy.

The firm are committed to being as safe an operator as possible and as such their trucks are fitted with a Cyclear system, 360° cameras and under-body side safety bars. These enable detection of cyclists and pedestrians better, audibly warn them of the vehicles' movements and ultimately prevent accidents from happening.

Their lorries are fitted with weighing systems and customers pay on the weight of their collections. Quite a lot of this material has a value on the recycling market, but this is wildly unstable – a change in another country (like the Chinese ban on imports of waste plastic and paper) can flood the market with extra material, affecting value.

Some of Simply's waste goes to big recycling centres, where a great deal of sorting takes place - these processes are becoming more and more mechanised. Glass is often recycled into more glass but can also be turned into road-making materials. Food waste goes to anaerobic digestion, producing energy and fertiliser. 'Unrecyclables' go to Energy from Waste plants which capture energy from the heat released when they are incinerated; even the ash goes for road-making. There are many 'drop off' points along the banks of the River Thames, which means the waste travels on barges. They carry around 80 tonnes of waste and are much greener than trucks.

The plus side of the industry is that waste is a growing business, with lots of opportunities and new things to learn. On the minus side, saying you are in the 'waste business' is a conversation killer at parties – people think you're a dustman. This is a bit galling when you know you are in a complex and fast-changing business that benefits society!

Simply's newest lorry, an articulated truck, was named 'The Flackwell Flyer' as suggested by Caleb Walford, a member of the Flackwell Minors Football Club. Simply Waste Solutions are sponsors for the Minors and, together with them, will be involved in the Litter Pick in April (see page 1). They are willing to consider other appropriate opportunities for community involvement – contact Amy@simplywastesolutions.co.uk

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SAVE OUR HEDGEHOGS

Have you noticed that there are no hedgehogs any more to be seen squashed in our lanes? That is because there has been a sharp decline in population since 2000.

You can help protect them by leaving out the right food. According to the RSPCA it is best to put out meaty food like dog or cat food, a shallow dish of water but never milk. You can make them a temporary home of leaf litter and logs over some cardboard, leaving some space underneath where they can nest. This may attract slugs and beetles which they like to eat. Gaps at the base of fences means they can travel to find food. Check bonfires before lighting and for roaming hedgehogs before mowing.

Hedgehogs are a delight to watch and saving them is really worthwhile.

Lyn Rimmer



Is this HOW FLACKWELL GOT ITS NAME?

An old map of 1832 shows Flackwell as 'Flaxwell'. Well, admittedly the same map does show Hard-to-find Farm as 'Hearty Fine' - a trace of a local accent there, I think.

But on the other hand, Tony Mealing, the conservation architect who saved the roof of Wooburn's St. Paul's Church, tells me that "in the 1200s, the Bishop of Winchester expected to receive corn and linseed from Flackwell, delivered to Southwark Palace." The gardeners amongst us will



know that Flax and linseed are one and the same thing. Friends from the Marlow U3A tell me that their old friend at Northern Woods remembers flax growing all

around that area. True, no-one else seems to. But Northern Woods is at the top of Blind Lane, a direct route down to the river, from where it could be delivered directly to Temple Mills in Marlow. Details of these mills can be found in 'Mills of Buckinghamshire' by Stanley Freese: 'in the 16th century two mills were recorded, one for making linseed oil,' and the United British Directory of Trade and Commerce 1791 specifically states these mills were: 'one copper, one thimble and one pressing rape and flax seed'. So I decided to grow some flax, to see if it likes our soil, and it does. Is the name 'Flaxwell Heath' at least as plausible as the other suggestions?

Jane Dunsterville

Flackwell Heath Women's Institute

The County WI's 'Invention and Discovery Day' was again very interesting. It is now well-established and over-subscribed every year. This year the expert speakers included a forensic botanist, a neuroscientist looking at genes affecting whole brain function, an engineer working on flood defences and a specialist in the future of IT.

Morning WI

We heard about the life of Norman Wisdom, who had a tough childhood, with an abusive father and a mother who abandoned him and his brother (though occasionally reappeared from time to time). With little schooling and always in trouble, at age 15 he was accepted as a trainee bandsman, despite having no knowledge of music. After a few years he bought himself out, and with much persistence was given a small slot on stage as a comic act. His career went on from there to the films, where his past life seemed to

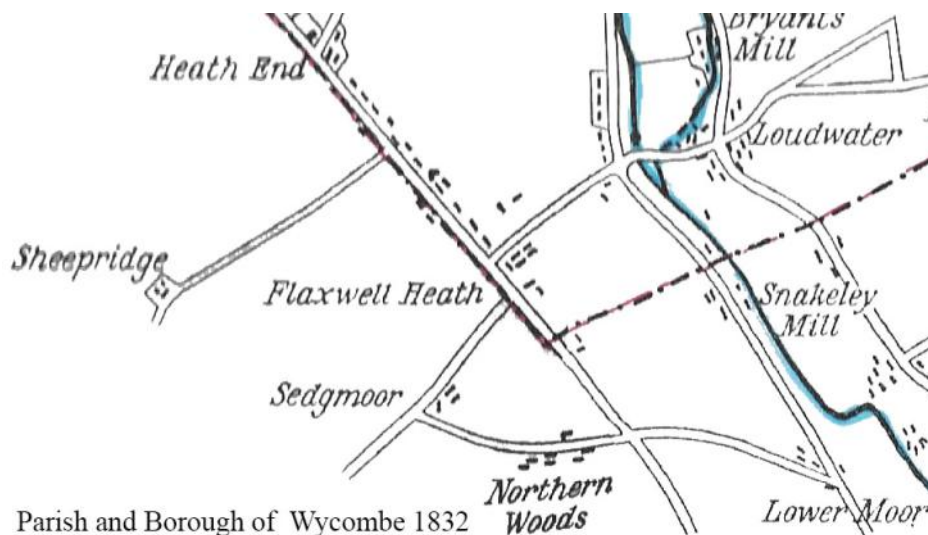
have moulded him to play the 'little man makes good' characters he was known for.

In April it is our birthday meeting with a bring and share buffet lunch, and hopefully an entertaining talk by former BBC presenter Bill Hamilton.

Evening WI

Our speaker was Tom Way, a professional wildlife photographer. He showed us some ravishing photographs of lions, giraffes, a very smug looking hippo, great apes and elephants. He is prepared to spend days and wait for hours to get just the right shot, maybe of a giraffe silhouetted against the sunset. Tom sells his images (as greetings cards, pictures etc) and also leads groups of keen amateur photographers on photographic safaris.

Next month we have Denise Beddows on 'Buckinghamshire Spies and Subversives'.



Martin Adams

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English Oak, *Quercus robur*

Flackwell Heath has quite a few of these native trees, with perhaps the best specimens being along the Straight Bit towards the Northern Woods end of the village. The tree illustrated stands on the corner of the Fairway and Straight Bit.

Popularly supposed to be very slow growing, English Oak trees in fact grow at much the same rate as other similar species. They typically live for 400 to 500 years; it is sometimes said that an oak tree spends 150 years growing, 150 years in maturity, and 150 years dying. Our specimen is probably 250 – 300 years old. It would have started life while Flackwell was still a heath, probably before there were any settlements here, during the reign of George II, and was already growing strongly when Beethoven composed his magnificent symphonies.



Photo Malcolm Wiles

Unfortunately this tree is infected with the Oak Bracket fungus *Inonotus dryadeus*. Passers-by may have noticed the fruiting bodies which appear at the base of the

trunk in early autumn, looking very similar to honeycomb, and weeping a sticky amber liquid which is certainly not honey – don't be tempted to taste it! The whole fungus is inedible. The good news is that this fungus is not particularly aggressive, and the tree will probably be able to resist it for many years, putting on as much new growth each year as is destroyed by the fungus.



Photo Malcolm Wiles

Oaks produce one of the hardest and most durable timbers; the Latin name means strength. An oak needs to grow for 150 years before its wood is ready to use in construction. It has been a prized hardwood timber for thousands of years, was the primary ship building material until the mid-19th century and remains a popular wood for architectural beams. Modern uses of English oak include flooring, wine barrels and firewood.

Malcolm Wiles We hope this is the first of an occasional series – Ed.



Gilly's Dog

Gilly Fryer is one of the best known people in Flackwell. He is the much-loved lollipop man in Chapel Road. He now has a dog called Bella, a Cairn/poodle cross about a year old. Bella has her own reflective yellow coat like Gilly, and accompanies him most days. (She is leashed to a post while Gilly is working).

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Flackwell Heath Community Association

Chairman: Chris Cramer
01628 526129
Secretary: Chris Thomas
01628 520361
Treasurer: Alison Harvey
01628 530186

Centre Bookings

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to be found on website
www.flackwellheathcommunitycentre.org.uk

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Grapevine



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