

THE Grapevine

April 2019

50p

THE NEWSLETTER OF FLACKWELL HEATH COMMUNITY ASSOCIATION



DEVELOPERS MOVE IN AT ABBEY BARN LANE

Building work is underway on the initial phase of the development at Abbey Barn Lane (south). The substantial scheme will eventually create 550 new homes and is likely to take an estimated six years to complete.

Berkeley Homes was given the green light to start work on the first phase (129 homes) in February after many months of detailed planning consultations with Wycombe District Council (WDC) and various local organisations including the Flackwell Heath Residents' Association and liaison groups. It is the first of five reserve sites that WDC has earmarked for development under the new local plan and is the nearest to Flackwell Heath.

Liz Johncock, representing the FHRA on the Abbey Barn Liaison Group, says that she is satisfied that the development will be handled efficiently and to a very high standard. "We did fear that the consultation process may just have been a paper exercise, but it wasn't and both

Berkeley Homes and WDC have listened and responded positively to our issues."

Apart from the new homes, 40% of which will be affordable housing, there will be some light industrial buildings. In total the 81 acre site will feature landscaped grounds, open spaces, a fitness trail and allotments. The "Ride" – a green corridor of pre-existing lime trees – will be preserved and rejuvenated. There are also plans for providing a new base for countryside ambassadors the Chiltern Rangers. The area will link into the Pine Trees development at Daws Hill with plans afoot for an extension to the 36 bus route to run through the two areas.

An increase in vehicles around the area and possibly through the village appears likely. Plans are already in place to create a roundabout at the T junction of Abbey Barn Lane and Heath End Road to enable smoother traffic flow. However, there should be some benefits too.

"Hopefully it will not only bring more business to our shops and pubs but also by offering the Flackwell Heath-based Bucks College Campus some apprenticeship schemes in building trades," said Liz. "Our bus service will also become more frequent which will hopefully encourage more of us to leave our cars at home."

Elkie Lees, Divisional Land Director for Berkeley Homes said: "We are excited by this project and all the attractive features it will offer to residents and the wider community. We are currently building the marketing suite and site compound in readiness for the construction teams."

The second phase of the development with more homes and details of parkland features will be going before WDC this autumn. Those wishing to view the plans for the Abbey Barn South development can visit the WDC website under planning reference 18/05363/FUL..

Are we sitting comfortably?

We are now! Thanks to new chairs available to visitors at the Sarney Room in the Community Centre. Funds were generously donated by Councillors John Savage and David Johncock from their annual ward budgets, provided for projects within their local community.

Flackwell Heath Community Association Chairman, Chris Cramer, said: "The old stacking chairs were in poor condition and desperately needed replacing. We are tremendously grateful to the District Council for their generous support."



**FLACKWELL HEATH
RESIDENTS' ASSOCIATION**

AGM

Tuesday 30th April at 7.30pm
Flackwell Heath Golf Club, Treadaway
Road
Everyone welcome!



From left: John Savage, Chris Cramer, Chris Thomas and David Johncock



**FLACKWELL
HEATH
COMMUNITY
ASSOCIATION**

.....we run the community centre

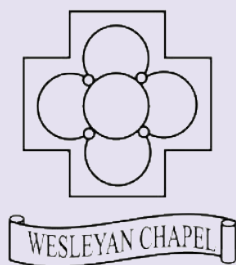
AGM

Thursday 25 April at 8pm

Sarney Room, Community Centre

Please come along to hear about the wide variety of activities that take place at the centre each week. Do take the opportunity to voice your ideas for improvements and any suggestions you may have to keep this lively hub in the village available for all.

We are always in need of additional committee members to keep the centre running smoothly and we would love to hear from anyone who has some time to spare, even if only a couple of hours a month, as we can soon find a job for you that suits your skills.



FLACKWELL HEATH METHODIST CHURCH

Friday 5 April, 1.30 to 3.30pm – EASTER MESSY CHURCH! For all the family. There will be a selection of activities in the main hall, a celebration in the church followed by a meal.

Sunday 14 April, 11am – PALM SUNDAY SERVICE with **HOLY COMMUNION** led by Rev Angela Singleton.

Wednesday 17 April, 8pm – TENEBRAE SERVICE led by Rev Mike Hall. A traditional service of “increasing darkness” for Holy Week.

GOOD FRIDAY, 9.30am – An informal meditation service led by Rev Nick Thompson.

EASTER SUNDAY, 8.30am – HOLY COMMUNION led by Rev Nick Thompson followed by **breakfast** (please sign the sheet in the church if you would like to come to breakfast so we have an idea of numbers).

EASTER SUNDAY, 11am – ALL-AGE EASTER WORSHIP led by Rev Nick Thompson.

EASTER SUNDAY, 6.30pm – We will be joining **Christ Church’s Easter Songs of Praise** service.

Sunday 28 April, 6.30pm – CELEBRATE! A lively music-based service led by Rev Nick Thompson.

All weekday groups meet at their usual times, with Sunday services at 11am, except where specified above. Other activities and information can be found on our website www.fhmc.org.uk; or please contact our senior steward Suzanne Soper on 01494 673403, or our minister Rev Nick Thompson on 01628 483985; or email us at info@fhmc.org.uk

www.fhmc.org.uk www.facebook.com/FlackwellHeathMC prayer.requests@fhmc.org.uk



Christ Church has three services every Sunday: a 9am traditional Holy Communion service; a 10.30am more contemporary service with children’s and youth groups, and a 6.30pm quieter evening service to end the day. There is something for everyone!

- The ‘Tuesday Lunch Club’ meets at the Church Centre every first Tuesday of the month. Open to everyone, it serves ‘Soup of the Day’ and a roll from 12noon in the Church Foyer. You don’t need to book... just turn up and enjoy good company and conversation while you eat. The next occasion is **Tuesday 2 April**.

- First Sundays at 10.30am are ‘**Worship for Everyone**’. It is what it says... worship for everyone... for all ages and all-stages! On **Sunday 7 April** there will an all-age Service of Holy Communion with baptisms. On the Sundays in between our fabulous **Junior Church** team put together an exciting programme for under 11’s. You are very welcome.

- This Easter... reconnect with the Easter Story:

Palm Sunday (14 April): Palm Crosses will be distributed during our 9.00am and 10.30am Holy Communion services.

Monday 15 April to Saturday 20 April: 7.30am: a short service of Morning Prayer service for Holy Week, with a ‘Reflection for the Day’.

Wednesday (17 April): 8pm: ‘The Art of Salvation’ – illustrated talk with Stuart Currie (Former lecturer at the Tate and National Galleries)

Maundy Thursday (18 April): 8pm Holy Communion and Foot-washing.

Good Friday (19 April): 10.30am to 11.30am: TGI Friday – a creative Easter Story event for Children (booking required); and 12noon to 1pm: Devotional Service for adults.

Easter Eve (20 April): 8pm: Easter Eve Vigil

Easter Day (21 April): 9am: Holy Communion, to include ‘Prayer for Healing’; 10.30am: Easter Holy Communion for Everyone with Easter Egg Hunt; and 6.30pm: Easter Songs of Praise – Christians in Flackwell Heath are invited to gather at Christ Church to celebrate, renew & refresh their Easter faith.

- Children’s parties? Birthdays? Celebrations? Dinners? Business meetings? Exhibitions? Training? Conferences? With bright and modern facilities the **Christ Church Centre** can accommodate most needs! We have a large main hall plus a small meeting room, all with good disabled access, and an easily accessible, well-equipped kitchen and toilets. We also have a large carpeted Upper Room. Tables and chairs are available. We provide off-road parking for 27 vehicles. Please contact the Church Office for further information on any of the above (Phone 01628 533004: 9.00am – 1.00pm Monday to Friday or email admin@ccfh.org.uk) or visit www.ccfh.org.uk

The Art of Salvation



The Easter Story

as visualised in paintings from across the centuries

An illustrated talk by Stuart Currie

former lecturer at the National and Tate Galleries

Christ Church Flackwell Heath
Wednesday 17th April at 7.30pm

£5 tickets (also entrance on the door),
to include a refreshment interval

More information? www.ccfh.org.uk / 01628 533004

From Scrummy to Yummy!

Have you caught sight of the pizza van parked outside the Three Horseshoes Pub on Friday evenings? It's a labour of love for villagers Olivia and Simon Perry who have used their home cooking skills to great effect.

The Grapevine caught up with this busy couple to find out more.



G: What made you start the business?

O/S: We have been making pizzas at home in our wood fired oven for years and our friends are always asking us to host pizza parties. We've talked about setting up our own pizza business for ages. We decided to take the plunge when Simon got forced into retirement from rugby, due to serious injury, and Olivia went on maternity leave with the arrival of our baby boy, Arlo.

G: How is it going? Do you go to any other locations apart from the Three Horseshoes?

O/S: We have been blown away with how well things have been going. We're seeing many familiar faces at our pop-up at The Three Horseshoes, with some people having completed their loyalty cards already! We are also quickly booking up for private events at the weekends, including parties and weddings. We plan to have another pop-up in the vicinity, but as we are both working full time we are letting things happen organically at the moment.

G: Tell us about your range of Pizzas? What is the most popular topping?

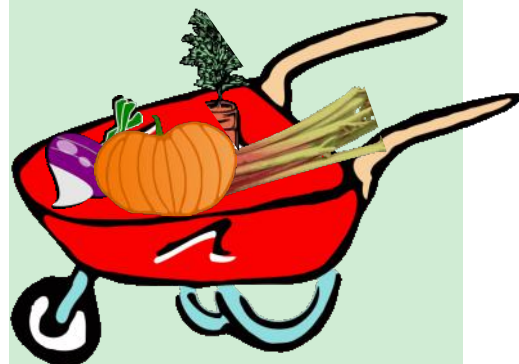
O/S: We serve classic Neapolitan pizzas from our wood fired oven, cooking them in under 90 seconds to create a light and fluffy crust complemented with a range of delicious toppings. We make our dough from scratch with the finest Italian '00' flour and leave it to prove for 48hrs to improve taste and digestibility. We have a range of options on our menu, the most popular of which has been our Spicy One with Calabrian n'duja (soft spicy sausage), and we keep the menu fresh and exciting by mixing it up each month whilst keeping a core of customer favourites.

G: Anything else you would like to share?

O/S: We would love people to follow our journey through social media and we have a very active Instagram and Facebook page (@kneadwoodfiredpizza). Please check out our website www.knead.pizza for more about us and to get in touch to book us for an event.

Gardeners' delight

Prize winning horticulturalist Graham Talbot shared his expertise for "Growing Veg" with the Flackwell Heath Allotment Association and guests on 2 March.



Graham's talk at Christ Church hall was most enjoyable and informative, covering tips on how to grow fruit and vegetables and in particular how to make the most of small spaces. He told us about his tried and tested methods of growing brassicas, peas, beans, root vegetables and salad crops and why you shouldn't necessarily follow what it says on the seed packets!

Of particular interest was how to avoid having a glut of vegetables all at the same time and how to extend the season to have fresh produce all year around. We even learnt of a vegetable, the Hamburg Parsley, that double crops giving you parsnips and parsley.

Details of the FHAA can be found at www.fhallotments.wordpress.com

Linda Lewis Chairperson FHAA

Road Reps

We are delighted to welcome new Grapevine Road Reps Mrs Peggy Hersee distributing the Grapevine at Wilfrid's Wood Close and Mrs Tricia Philips at Fennels Way/Bernards Way.



**VEHICLE SERVICING
REPAIRS & MOTs**

Tel: 01628 850000 **www.mavs.co.uk**



Flackwell Heath Women's Institute

Morning WI

We learned a lot about cheese from speaker John Pearson at our March meeting. John has had a career with M&S Food and he explained how the UK produces the widest range of cheeses in the world, yet only 10% is made by the traditional farmhouse method. Cows tend to produce the best milk for cheese making in the west of the country where the climate is more favourable for good quality grass.

An interesting fact - we drink more fresh milk than anywhere else in the world.

We had a blind tasting session between three different cheddars - a Somerset farmhouse, Canadian and Davidstow, and after comparing colour, flavour and texture it was perhaps surprising (and unfortunate) that the Canadian came out favourite! It was an entertaining morning.

Next month is our birthday meeting

when we have arranged a magician to hopefully mystify us, followed by a finger buffet lunch.

Brenda Aldridge

Evening WI

In March, our Institute opened its regular monthly meeting to the public and members were joined by others interested in the topic 'The Thankful Villages', those who lost no combatants in World War 1. There are known (currently) to be 54 of them, and some also lost no-one in WW2 either, so are 'doubly thankful'. Afterwards there was tea, coffee, cake (naturally!) and a chance to chat and admire some of members' handicrafts.

The topic in April is 'GM crops: Do We Need Them?'

Several members went to an 'Invention & Discovery Day' organised by the County Federation of WIs. There were four main speakers. Professor Watson spoke about the ageing of skin and its

response to 'anti-ageing' products. Professor Peter Ayton spoke about decisions and how they can be affected by external factors; he often uses data from real world situations such as game shows and elections. Dr Anna Ploszajski introduced us to 'smart' materials - those that respond to their environment in some way. Finally, Mr Phil Pearson, Development Director of the largest producer of tomatoes in the UK, told us how the conditions in their enormous glasshouses are optimised and how they reuse and recycle every scrap of 'waste'.. For example, they are now turning waste leaves etc into the trays on which tomatoes are sold. Altogether a fascinating day....

Sue Arnautov

Footie festival



There will be fun for the whole family at the Festival of Football being held by the Flackwell Heath Minors football Club on 1&2 June. A bouncy castle, barbecue, beer tent and tombola are among the attractions on offer.

The fun kicks off at 9am on both days at the Green Dragon Lane recreation ground with more than 200 teams from across Bucks and beyond taking part.

Ashton Opticians

O P T O M E T R I S T S

1 Acorn House, 12-16 Straight Bit, Flackwell Heath

PRIVATE AND NHS EYE EXAMINATIONS
SPECTACLES & CONTACT LENSES

Your independent practice in
Flackwell Heath

for value, style and personal service

01628 530420

www.ashtonopticians.co.uk

Partners: Mr. M. W. Ashton Bsc.(Hons), MCOptom
Mrs R. V. Ashton BSc.(Hons), MCOptom

CHARLOTTE EMERY'S BEAUTY

FAMILY RUN BEAUTY SALON IN FLACKWELL HEATH

01628617777

CHARLOTTEEMERYBEAUTY@YAHOO.COM

DOWNLOAD OUR APP- CHARLOTTE EMERY'S BEAUTY

Solicitors Buchanans

**Divorce | Conveyancing | Commercial | Employment |
Wills | Probate | Litigation | Elderly Client**

Buchanans Solicitors can assist with all the above and more. We are a friendly, modern law firm which offers a broad range of services and aims to deliver clear advice promptly and cost effectively.

**Call Sam Buchanan or Nathalie Wespieser (Family Law specialist)
for a no obligations chat on 01628 810 707**

Swains House, Swains Lane, Flackwell Heath, Buckinghamshire HP10 9BN
office@buchanansonline.com
www.buchanansonline.com



Authorised and regulated by the Solicitors Regulation Authority (No. 05499160)

A1 TAXI SERVICE

A FAMILY-RUN BUSINESS

**01628
851466**

4 | 6 | 8 Seater Vehicles Available
Local & Long Distance
Airports, Seaports & London Theatres

WWW.A1TAXISERVICE.CO.UK



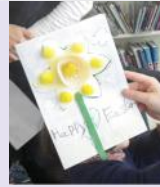
EST. 1968



FLACKWELL HEATH COMMUNITY LIBRARY

Easter Crafts – Saturday 6 April

Come along and try your hand at making Easter Cards and decorations on Saturday 6 April at Flackwell Heath Community Library in Chapel Road. All young children are welcome to join in the fun from 10.15am -12.30pm. Parents & guardians can have a tea or coffee while they stay with their children. This is FREE and there is no need to book - just turn up.



Our regular activities:

Yoga sessions—Sundays 10am-11.15am. Meditation & Yoga Nidra – last Thursday of the month 8.30pm -9.30pm. Contact Alexandra Alves 07786 332695

Coffee & Craft Group – Every Friday between 10 and 12 noon. To find out more contact Alison Moyes (mobile 0753 248 5594) or Julia Baldwin (mobile 0797 345 8977).

Bounce & Rhyme for under 5s - Every Thursday during term time from 10.30 to 11.00 am. No need to book, just turn up.

Sewing Bee - Held on the 4th Wednesday of every month, between 7.00 and 9.00 pm. To find out more please call Alison on 0780 3044 298.

Family History Research using the internet, with Gill Kyle. Individual 50 minute sessions. Cost £2 plus any photocopying charges. Please contact Gill to arrange a session at the library, telephone 01494 436314 or email donkyle@btinternet.com

Please call into the library to see updated details of all these activities, Flackwell Local Area History Group events and any new events that may be arranged from time to time.

Flackwell Heath Community Library, Chapel Road, Flackwell Heath, HP10 9AA

Tel: 01296 382415 email:fhcl@flackwellheath.net web: www.buckscc.gov.uk/libraries

Science Week at Juniper

We were delighted by the positive responses from children, adults in school and from families throughout Science Week. We had over 50 emails from parents with photos of scientific activities they undertook with their children during the week. It certainly looked like they had lots of fun with our theme of flight, with activities ranging from a dramatic indoor rocket made from a teabag to visits to Booker Airfield, the Science Museum and the Lookout Centre. Many families engaged in paper airplane competitions and many of the questions raised had great scientific content. We are so pleased that so many parents showed their children that they are interested in Science and that it happens both in and out of school.

Science Oxford kindly supplied the school with workshops in every class. KS1 children all made rocket mice which were launched by squashing a bottle. KS1 children also had a loan kit of bubbles and learned how to blow different shaped bubbles (square bubble anyone?).

KS2 started with a carousel of activities, including making a hot air balloon with the Y6 teachers, paper airplane launching with Y4, investigating zip wires with the Y3 teachers and parachute design, with Y5 with Mr Tagg on the school roof launching parachutes!

The visit of six owls were, of course, a highlight. The owls didn't always do as they were told and one enjoyed a short spell on the projector and on an exit



sign above a door. The children loved the owls gliding over them and were surprised to even feel their feathers brushing their heads as they

crossed the hall! Our thanks go to Niteowls for a fabulous assembly.

We would like to extend a big thank you to all staff at Juniper Hill and to Mrs Goalby, who organised the week. It really was a team effort, with involvement from everyone making Science Week come to life.

Andy Tagg, Head Teacher

Fly tipping concern

From the 1st April Bucks' household recycling centres such as High Heavens in High Wycombe are charging for the disposal of certain non-household items including fence panels, plasterboard, rubble and building materials. Household waste such as garden debris and old electrical items can still be disposed free of charge.

Many fear the change will lead to problems. Village resident Robin Gardner sums it up: "This is going to encourage 'fly tipping'. I consider the cost of clearing up this, from the amount I have seen travelling around the local country lanes, would not be covered by the amount the Buckinghamshire waste recycling centre will receive." Time will tell.



Selling and letting in the heart of your village

Frost
The Frost Partnership

01628 532777

flackwellheath@frostweb.co.uk

Your local property expert frostweb.co.uk

Flackwell Local Area History Group

The next talk at the Flackwell Heath Community Library will be on **Monday 15 April 2019, at 7.30pm Steam on the Met and Chiltern Lines with John Gurney**

John Gurney presents a repeat of his 2018 talk on the history of the local railways. Topics included will be:

- The Metropolitan Railway which spawned the term 'Metroland' via Amersham to Verney Junction and its steam locomotives
- The Brill Steam Tramway
- The construction of the Marylebone main line from Denham to Princes Risborough and its steam locomotives.



This is a ticketed event. The tickets are available at the Library, and are £5 (£3 to friends of FHCL). Please note that tickets will not be available on the night.

Date for your diary – Monday 13 May 2019

Cliveden: Passion, Pleasure and Politics



This introductory talk will take you on a journey through Cliveden's 350 year history. Starting with the Duke of Buckingham who built the first house here in 1666 you'll meet all the key owners who helped shape the house and its gardens including the Orkney, Sutherland and Astor families. The talk will be accompanied by an illustrated presentation to bring to life these individuals and showing how their influence at Cliveden continues to this day.

This is a ticketed event. The tickets are available at the Library from Tuesday 2 April, and are £5 (£3 to friends of FHCL). Please note that tickets will not be available on the night.

Appeal Corner

If you visited the Battles Over Centenary Event then you may remember the 3D family tree that was created by Sally Scagell (one of the Local History Group members). Sally would like to extend the tree to add more soldiers. So we would like to appeal to anyone that has an old wooden beaded car seat cover they no longer require. If you can help please email Sally on info@localhistorygroup.org.uk. We also continue with our plea for old maps of the local villages as we would like to build a picture of how the villages have changed and grown over the years. We are also interested in copies of house deeds which detail who owned the land/or the house over the last one hundred to two hundred years. Copies of old photographs of local houses, schools, churches, chapels, pubs, farms and farmland are also welcomed.



Family History Research - To arrange a research session at the library please contact Gill Kyle on 01494 436314 or by email donkyle@btinternet.com. The sessions cost £2 for 50 minutes plus the cost of any photocopying.

Like us on facebook/Flackwell Heath, Loudwater & Wooburn Local History Group
www.localhistorygroup.org.uk



**FLACKWELL HEATH
RESIDENTS' ASSOCIATION**

FHRA's AGM will take place on 30 April at Flackwell Heath Golf Club, Treadaway Road. HP10 9PE, starting at 7.30pm.

Please come along, enjoy our new venue and perhaps a drink from the bar, and hear what we've been up to and what the plans are for the future.

Volunteers are always welcome – you don't need to join a committee, there are lots of ways to contribute to the success of the organisation on an informal basis.

A reminder that the Litter Pick will take place on Saturday 27 April in conjunction with the Flackwell Heath Minors and Simply Waste. We will meet at Jubilee Gardens, next to the Community Centre at 10am. We're hoping to put on a BBQ after the Litter Pick finishes – look out for further details on Facebook.

It's with great sadness we learned that our amazing friend and colleague Carolyn Leonard passed away on 20 March. FHRA owes a tremendous amount to Carolyn and we will remember her more fully in the May issue of the Grapevine.

Chloë Andrews-Jones, FHRA Chairman

Info@flackwellresidents.news

www.flackwellresidents.news

Flackwell Heath Residents News

LADY PAINTER & DECORATOR



Painting &
Wallpapering

**NO JOB
TOO SMALL**

0771 4420772 / 01494 716441

CHATELWORTH LIMITED

All general building work plus
Full Decorating Service
Purpose-Made Joinery
Maintenance Free Products
First class service at competitive prices
Call now for a no obligation estimate
Local Authority Approved

95a Queens Road, High Wycombe, Bucks
HP13 6AH
Tel/fax: 01494 461544



Carrington Junior School

It has been an exciting year so far with lots of fun things happening. First, we beat the January blues with a tasty cake sale. This was so successful that we celebrated St Valentine's day with a chocolate raffle for the children and included a beautiful chocolate cake made by one of our own talented parents.

The second part of the term began with the visit of Jess Walker, an Olympic kayaker, rated 5th in the world. The children were fascinated to see her collection of medals and enjoyed listening to her talk about her love for kayaking and her ambitions. Jess included our school values in her talk, particularly focusing on resilience. The children responded by asking her lots of very astute questions, for example, what is your training schedule and are you looking forward to Tokyo?

World Book Day in March saw the children arrive dressed as book characters with wonderful and amazing stories to tell. The staff joined in with characters ranging from Cat in the Hat to a feast of Roald Dahl examples. Following a superb assembly where prizes were handed out for the best dressed, the children listened to a host of fabulous stories read by the staff, one year group went to read stories to the infant school and we finished the day with parents/carers coming to hear their own children read. A great way to celebrate the art of reading a book.

And the term hasn't ended yet. We have an Easter Assembly to look forward to and our Year Four children are off on their first residential trip. An exciting way to end an exciting term!

Anna Majcher, Head Teacher



NEIGHBOURHOOD WATCH NEWS

General Thames Valley Alert Information

We have been advised by the police, that due to manning and other constraints, they are no longer able to support the Thames Valley Alert telephone messaging service. This is a bit of a shame, because there are a number of Neighbourhood Watch members and residents who do NOT have access to the Internet/E-mail, and who depend on telephone messaging to receive information from the police and Neighbourhood Watch. Whilst they will continue to receive specific Neighbourhood Watch messages, general crime information will no longer be provided. The only real alternative for these individuals is to ensure that if they are in a NHWatch scheme, their co-ordinator is aware of the situation and provides printout of relevant TVAlerts received by e-mail. Residents who are not in a NHWatch scheme and who do not use e-mail will be rather left out in the cold, unless they have a friendly neighbour who can help out with TVAlert messages.

Cons, Scams & Cybercrime

These types of crime continue to dominate the news, with scam emails and telephone calls being received almost daily. Cybercrime is also very

common and the ONS Report for 2017 recorded in excess of 17 million occasions when UK residents were afflicted, with financial losses of more than £130 billion. This is probably an underestimate, as many incidents of cybercrime are never reported.

In March, the 30th Anniversary of the 'World Wide Web' was marked. In an interview with Sir Tim Berners-Lee, it is reported that he was optimistic during the first 15 of those years, but has become concerned and pessimistic about the second 15 up to the present day, as a result of the misuse of this valuable asset.

Wycombe District Neighbourhood Watch Association continues to give presentations in the Wycombe district, to raise awareness of these types of crime.

For further information about any of these topics or about Neighbourhood Watch, contact:

David Gresswell – Scheme Co-ordinator, Flackwell Heath

(Tel: 525019 e-mail: flackwell-nhwatch@talktalk.net)

Police General & Non-emergency number: 101

Community Safety Team (Anti-social behaviour): 01494 421 087

Crimestoppers (Anonymous):

0800 555 111

Trading Standards (Consumer Direct): 0345 4 04 05 06

Cyberaware:

<https://www.cyberaware.gov.uk/>

ACTION FRAUD: 0300 123 2040:

<https://www.actionfraud.police.uk>

The Information Commissioner's Office: 0303 123 1113

NHS: 111

OSTEOPATHIC CLINIC

Michael Thornton ND, DO

Treatment for pain in the back, neck, shoulders, knees and hips
Sports injuries and headaches

25 Heath End Road
01494 433072 or 07799713117



OUR FEATURE PROPERTY...

**CHERRY RISE
FLACKWELL HEATH | HP10 9PS**

- 4 BEDROOMS
- 4 RECEPTION ROOMS
- NO CHAIN!

£725,000



FLACKWELL HEATH OFFICE | SWAINS LANE | HP10 9BN

☎ 01628 533373

✉ simon@robertsonsestateagents.co.uk

📞 robertsonsestateagents.co.uk

GIVING THE GIFT OF FRIENDSHIP

Many of us can relate to the stresses and strains of the early months of childcare. That time when day and night seem to merge, whilst feelings of isolation and exhaustion can appear insurmountable.

Some new parents are fortunate to have family help or other support systems in place, but not everyone is so lucky. This is where Home-Start steps in. This charity offers a lifeline by sending volunteers to visit families in their home, providing support and friendship to hard-pressed parents.



Cathy Benwell from Northern Woods has been a volunteer and trustee for this hardworking independent charity for just over 18 months.

She became aware of the organisation during a chance conversation with a family friend - and Home-Start volunteer - in the kitchen of her parents' home.

Thinking it sounded a wonderful way to help others, Cathy approached a local branch of the charity to offer her support.

New volunteers are not introduced to host families straight away. There is some weekly training across 10 weeks and then volunteers are carefully matched to a suitable family. All training and expenses are paid by the charity.

"The selection process is quite rigorous and a lot of thought goes into

LITTER PICK

Saturday 27 April, Starting at 10am

Jubilee Gardens, next to Community Centre
Please come and help keep our village tidy!



introducing families to the right volunteer. Our coordinators work hard to match interests and other details so they can get the best fit with a family."

Cathy is a mum to three children, all currently at Juniper Hill School, and this helped her relate to the families she has met so far.

Volunteers needn't be parents themselves, although having experience of working with, or being around children is preferred. Age is not a barrier either - volunteers range from 25 to 75 years.

Referrals for help reach the charity via GPs, schools, nurseries or via the parents themselves - Home-Start have leaflets in libraries, surgeries and other public places.

"It's a brilliant way of helping others. It's not complicated or even that time consuming. I visit for a couple of hours each week.

"Parents and grandparents with a little spare time make perfect volunteers. There are no special qualifications needed as it's more about being a friend and a listening ear."

For further information on becoming a volunteer, trustee or fundraiser call Home-Start office coordinator Alison on 01628 661029. Parents seeking a volunteer may also call this number.

Soaring voices at The Swan...

Four familiar faces will be among the Wycombe Orpheus Male Voice Choir when it takes to the stage of the Wycombe Swan Theatre next month.

An exciting evening of musical entertainment will see locals Reg Jaycock, Dave Gresswell, John Oldale and Craig Lewis - who will also comper the evening - taking their places for the annual concert on Saturday 18 May at 7.30pm.

Tickets are available from the Wycombe Swan box office or from any Orpheus chorister and proceeds from the evening will go to the Chiltern Prostate Cancer Support Group.

Express Video Off Licence

Soft drinks, lagers and ciders



Over 100 different wines

Stockist of Marlow
Brewery Rebellion
bottled beers



Open Mon-Sat, 9am-11pm
Sun, 10am-10.30pm

Flackwell Heath Community Association

Chairman: Chris Cramer
01628 526129
Secretary: Chris Thomas
01628 520361
Treasurer: Barrie Walmsley
01628 522016

Centre Bookings

Please use bookings enquiry page to be found on website
www.flackwellheathcommunitycentre.org.uk

Keyholder Express Video Shop
Reg Charity No. 1044870

Dates for your Diary

April

Wednesday 3: Easter Bonnet parade starting from the school in Chapel Road at around 9.30am (weather permitting).

Saturday 6: Easter crafts for children at the library from 10.15am to 12.30pm, see page 5.

Monday 15: Steam on the Met and Chiltern Lines with John Gurney. A talk at the library from 7.30pm. See page 6.

Thursday 25: Flackwell Heath Community Association AGM 8pm, see front page.

Saturday 27: Village Litter Pick starting at 10am from Jubilee Gardens, see page 6.

Tuesday 30: Flackwell Heath Residents' Association AGM 7.30pm, see front page.

May

Monday 13: Cliveden: Passion, Pleasure and Politics. A talk at the library see page 6.



Editor: Julie Dickenson

8, Fennels Way, Flackwell Heath
HP10 9BY • 01628 526412

email: [grapevine@](mailto:grapevine@flackwellheathcommunitycentre.org.uk)

flackwellheathcommunitycentre.org.uk

Delivery: George Boffin 01628 523829

Subscriptions: B Walmsley 01628 522016

The Grapevine is printed by
Spot On Print using vegetable inks on
Cocoon silk recycled paper

FSC certified and totally chlorine free.