

THE Grapevine

May 2020



Free online

THE NEWSLETTER OF FLACKWELL HEATH COMMUNITY ASSOCIATION

Little did we know when we agreed to form a small editorial team to run the Grapevine that it would involve such a baptism of fire! The team sat down and planned the April edition, full of upcoming local events and news, the draft was completed and everything ready to roll. Then Covid-19 hit and the Country found itself in lockdown. Suddenly we were confronted with all events being cancelled and the majority of our 55 road reps self-isolating. All this at a time when George Boffin had just retired as chief distributor! The team rallied around, rewrote articles and then

co-opted a few non isolating individuals to use their daily exercise quota to deliver, following government guidelines on social distancing and washing hands etc. We found out there are a number of peculiarities of house numbering throughout Flackwell and trying to find some that just have names was shall we say challenging!

And then of course our thoughts turned to the May issue. The team met via video conferencing and decided that due to a lack of advertisers, not being able to collect subscriptions at present, allied to delivery issues, we would need to go

down the route of an electronic copy. This presents its own problems in that we are very aware that a significant proportion of our readers are not on the internet. We know that many Flackwell residents are kindly looking after their elderly neighbours and the churches etc. have initiated chains to ensure that electronic copies of weekly newsletters are printed off and posted through doors. If you are aware of neighbours that fall into this category, please would you print and post in order that we can ensure we all do our best to keep our elderly residents in the loop?

Jo Plaskitt

Sadly the death of Jo Plaskitt, former head of Carrington Junior School, has been announced. She died on 31st March, at home in Beaconsfield (not coronavirus related).

Jo was head of Carrington Junior School for 17 years from 1993 until her retirement in 2010. Before that she taught at Holtspur School.

Jo was chosen as headteacher at a time when the majority of primary heads were men. Apparently a visitor came in one day asking to speak to the Headmaster. Her retort was 'You may not know this, but he has had a sex change!'

As Head, Jo led a school where family was all-important – amongst the staff team and amongst the parents and children. She had a policy of an open office door, always willing to make time for people and their problems – even if it meant her having to take admin work home to do in the evenings. She made sure she knew the name of every child in the school and about their families. Her team of staff was remarkably constant – it was a school people enjoyed working in, ably led by Jo.

During her time at Carrington she encouraged a wide variety of extra-curricular activities, as well as a commitment to each child achieving the best they could. After-school clubs flourished and she loved her annual summer production led by the Year 6s –



sometimes a musical, and sometimes with a script she had written herself. She loved days at school such as World Book Day, where she had a chance to dress up and act a part in front of the children. When the school celebrated its 50th anniversary, she organised a special event bringing together many previous staff, heads and pupils. Jo always loved organising parties and celebrations, whether at school or for family and friends.

Jo was diagnosed with Multiple Sclerosis in her later years at Carrington, but she

had a steely determination to carry on with life as normally as possible. Despite the ravages of the disease, she always showed great strength of character and never lost her sense of humour.

She was a well-respected head within the village community and was keen for Carrington to have a presence within the village. She was also hugely respected within the wider education world, where she was often asked to sit on advisory committees. She was once asked to go to China on a fact-finding mission about the state of education there.

In her retirement Jo was able to spend more time with her family. She always spoke proudly of her son and daughter, Simon and Lindsey, and was definitely a proud Granny, with a growing number of grandchildren. She became very involved in the local University of the Third Age (U3A) and she and her husband Dave enjoyed foreign travel, more latterly cruises to some very exotic parts of the world. She and Dave were also excellent hosts for ingenious quizzes with up to 40 people in their own home for various groups of friends and colleagues. She was a lady who relished the challenges life gave her, and her passing will leave a huge gap in the lives of many.

Alison Peach

OUR LOCAL HEROES



Sarah and mum

My mum has been my hero for the 22 years I've been on this earth, but recently I've had to share her with the rest of the country. She's worked for the NHS for 35 years, starting as a nurse at 18 and working her way up to her current post as a director for NHS England. She truly is my greatest inspiration.

Her work ethic is one of determination, passion and patience - much like her colleagues. My mum will talk to all those around her with a can-do attitude, raising her team's spirits after the continuous hits the Coronavirus has been taking on us all. She'll finish a meeting with a smile, put down the phone and take a deep breath - then start again. I can't imagine how mentally tiring it is, but I can see exhaustion in her eyes. However, our NHS keeps going. They keep picking each other up and saving the world behind closed doors. My mum is one individual amongst an army of heroes.

I felt inspired to write this after taking part in this week's NHS clap, seeing the impact the gratitude of the community had on my mum. Across Flackwell Heath we heard bin-bashers, kids chanting and neighbours cheering each other on. It was probably the most people a lot of us had seen since being in isolation. It felt overwhelming seeing our community come together during this crisis, to show appreciation for the heroes on the front-line of the Coronavirus pandemic. I could

see a weight fall off my mum's shoulders. In the following hours we saw videos on social media of the uproar in London, the chants from students in Leeds where I'm at university and the police sirens wailing at Wycombe Hospital.

I hope everyone has been inspired to thank those they know are working through this chaotic and challenging time. Let's all thank our NHS; the nurses, doctors, porters, cleaners, care workers and everyone else in the public sector. If you know any of those highlighted, give them a call or a message - let them know you're thinking of them. Let's not forget about all the other people providing us with groceries in our supermarkets, delivery drivers dropping off our puzzles and the bin men picking up our rubbish. So, when we feel a little lost at home over the coming weeks, let's cheer to those keeping us alive and well. Thank-you mum ... and thank-you to all the other keyworkers in Flackwell Heath keeping us safe.

Sarah Gregory

OSTEOPATHIC CLINIC **Michael Thornton ND, DO**

Treatment for pain in the back,
neck, shoulders, knees and hips
Sports injuries and headaches

25 Heath End Road
01494 433072 or 07799713117

Support for our carers

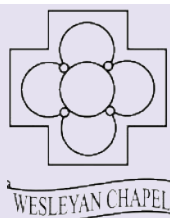
On a Thursday evening at 8pm the eerie silence we've been experiencing has briefly been broken as villagers stand outside their doors and clap for carers. Living near the centre of the village we've experienced a 360 degree effect and clearly hear the support from all areas. Last week as well as clapping, there were people banging saucepan lids and tooting car horns. Not only does this show support for the NHS and carers, but it lifts the spirits of all who join in. It gives the opportunity for the elderly who've self-isolated to say "hello" and for a short while, albeit at a distance to get some much-needed social contact. I know too that it makes a difference to the carers, within the Wycombe Orpheus Choir, we have a paramedic and a surgeon, both have said how moving and heart warming it is.



But it's not just on a Thursday, rainbows of support have been appearing around the village. Christ Church may have been unusually quiet on Good Friday, but their massive rainbow is there for all to see. There's also a fabulous display on the railings of a nearby house. Let's keep making a difference. Who knows next week we may even get ticker tape toilet rolls - well maybe that's going a little far! Why not help us to spread the news and use the Thursday clap to let your neighbours know the Grapevine is online only this month?

Craig Lewis





FLACKWELL HEATH METHODIST CHURCH

Although Flackwell Heath Methodist Church is unable to meet together to worship in person in these difficult times, it is still possible to **worship online every Sunday morning at 10.30** by logging on to the Marlow Methodist Church website at http://www.marlowmethodistchurch.org.uk/service_live/index.php

and following the link to the live service. We are also continuing our **Play & Praise** and **Parent & Toddler (PAT)** groups online. If you would like details on how to join these, please contact our **Community Mission Worker Vicky Everitt on 01628 483985**.

Why not send a prayer request to us using the following link: prayer.requests@fhmc.org.uk

Finally, on Saturday mornings at 11 we now have our **virtual coffee morning**. If you are interested in joining this, please contact Richard Alexander <richardahome@btinternet.com>

Please visit our Facebook page www.facebook.com/FlackwellHeathMC for further contact details or to send us a message.

We wish you safety and peace in the hope that God will enable us to return to normal ways of worship very soon. With love and prayers for the whole village from FHMC.

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- Our usual pattern of Sunday services and other midweek services, activities and meetings are on hold as we face the challenge of coronavirus and 'lockdown'. But whilst the building may be closed the Church is alive and active! **Every Sunday** a service is live-streamed at 10.30am for about ½ hour. Open to all, this may be easily accessed via the Church website.

- We will be putting on-line Sunday and other worship service resources on the front page of our website, where there is also a link to our Facebook page.

- On **Friday 8th May** at 6.00pm at the War Memorial the Vicar will, on behalf of the Village, lay a wreath and say a solitary short Act of Remembrance on the 75th Anniversary of VE Day, where the names of our WWII honoured dead will be read out. Due to the Coronavirus restrictions this cannot be a public event.

- There is more information on the Church Website (www.ccfh.org.uk) or from the Church Office (Phone 01628 533004: 9.00am – 1.00pm Monday to Friday or email admin@ccfh.org.uk)

Rennie Grove



The staff at the Rennie Grove shop always make tremendous efforts with their window display throughout the year. Before lockdown, Easter was approaching and the shop was prepared with fluffy bunnies, books and flowers.

Lockdown has hit charities hard and Rennie Grove need to raise £8m pounds per annum to continue providing their wonderful care service. Like many of us they've had to adapt and are running quizzes etc. online. We know that many people in the village have benefitted from their services over the years, if you want to see what they're doing why not have a look at www.renniegrove.org.

Flackwell Heath Bowls Club

For the first time in quite a few years the Club won a trophy, The Handy Cross Plate, beating Chalfont St Giles in a very close fought final, winning 2 rinks to 1 with the last bowl of the game.



Back row L to R: Richard Thompson, David Buckland, Albert Harwood, Mike Hyde
Front row: Colin Burrell, Yvonne Clisby, Ann Simpson, Margaret Stagg, Martin Bateman



NEIGHBOURHOOD WATCH NEWS

CORONAVIRUS LOCKDOWN – See:
<https://www.gov.uk/coronavirus>

As I write this, I am assuming that we will still be in 'Lock-down', which on the basis of evidence so far, seems inevitable. In fact, if a minority of people continue to flout or stretch the rules on self-isolation and social distancing, as has been reported in the media, we may well be in a much more restrictive 'lockdown'!

Cons & Scams (*Info. from the National Crime Agency and others*)

Inevitably it seems, during the major crisis that we are all facing, the scammers believe that now is a good time to practice their undesirable skills. Many reports have been received regarding the cons and scams which are prevalent during the Covid-19 pandemic. These frauds try to lure you in with offers that look too good to be true, such as high return investments and 'healthcare opportunities', or make appeals for you to support bogus charities or those who are ill.

Reports from the public have already included online shopping scams where people have ordered protective face masks, hand sanitiser, and other products, which have never arrived and a number of cases have been identified where fake testing kits have been offered for sale.

Criminals are also using Government branding to try to trick people, including reports of using HMRC branding to make spurious offers of financial support through unsolicited emails, phone calls and text messages.

Huge increases in the number of people working remotely mean that significantly more people will be vulnerable to computer service fraud where criminals will try and convince you to provide access to your computer or divulge your logon details and passwords. It is also anticipated that there will be a surge in phishing scams or calls claiming to be from government departments offering grants, tax rebates, or compensation.

Doorstep Calling – well, there shouldn't be **ANY** under the current 'Lock-down'. Earlier, there have been reports when the scammer offers Covid-19 related safety products, often claiming that the sale is the initiative of the local council or even the NHS. Needless to say, the products will offer no significant benefit to the user.

Other cold callers have claimed to be gathering data for the NHS or other official-sounding organisation. Their sole objective is to gather personal information about you, which can be of great value in a subsequent scam.

The answer to all these potential risks is to be on your guard at all times. If an email or text message looks dubious, **DELETE** it. Watch out for 'pop-ups' when using the Internet – they can look genuine but frequently install malware on your device. Hang up on unsolicited phone calls. **Should** you get a doorstep caller, tell them to go away and follow the Covid-19 rules!

Stay safe, protect the NHS and save lives.

For further information about this topic or about Neighbourhood Watch in general, contact:

David Gresswell – Scheme Co-ordinator,
Flackwell Heath

(Tel: 01628 525019 e-mail: flackwell-nhwatch@talktalk.net)

Police Non-emergency number: 101

Wycombe District Neighbourhood Watch Association:

<https://neighbourhoodwatchwycombe.org/>

Community Safety Team (Anti-social behaviour): 01494 421 087

Crimestoppers (Anonymous): 0800 555 111

NEW: Citizen's Advice Consumer Helpline: 03454 040 506 (Prev: Trading Standards)

Cyberaware:
<https://www.cyberaware.gov.uk/>

Get Safe Online:
<https://www.getsafeonline.org/>

NEW ACTION FRAUD: 0300 123 2040
<https://www.actionfraud.police.uk/contact-us>

The Information Commissioner's Office: 0303 123 1113

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75th Anniversary of the end of the Second World War

This year we remember the 75th Anniversary of the end of the Second World War – VE Day and VJ Day. On 8th May 1945, the Allied Powers formally accepted the unconditional surrender of the Armed Forces of Nazi Germany and the end of the Third Reich. More than one million people converged on the streets of the United Kingdom to celebrate. And then on 15th August 1945 came the announcement of Japan's surrender and World War Two was finally over. It brought to an end nearly six years of a war that had cost millions of lives, with enormous suffering and devastation to the populations of entire countries. Over 60 million refugees across the world were left displaced needing to rebuild their lives. A recent visit to Normandy impressed on me that World War Two drew together a host of (forgive me) ordinary men and women who did extraordinary things and demonstrated an extraordinary courage and hope and spirit at a time of great darkness. And when war was over and the victory won some 3.8 million British men and 400,000 women were demobilised and returned to their homes and families and jobs, some for the first time in many years, and resumed that ordinary life. It is appropriate we remember them and the many, many ordinary people who gave their lives for the freedom and peace we enjoy. Due to the Coronavirus restrictions there can be no public event held but the Vicar will, on behalf of the Village, lay a Wreath and say a solitary short Act of Remembrance on Friday 8th May at 6.00pm at the War Memorial, where the names of our honoured dead will be read out.

Revd Canon Chris Bull, Vicar Christ Church Flackwell Heath

Flackwell Local Area History Group

Following the latest Government advice on social distancing, due to the coronavirus, we are postponing all talks at the Flackwell Heath Library. They will be rescheduled at later dates.

News from the past



There is a lot to be gained by looking through old newspapers to discover what was happening in our local villages from day to day.

On **Saturday 3rd July 1897** the Bucks Advertiser and Aylesbury News reported the 'shocking accident to a farm labourer' which sadly resulted in his death in Flackwell Heath. At about half-past eleven on Wednesday morning James Bristowe, aged about 65 years of age, and who resided at Juniper Farm, near Wooburn Moor, was in the act of filling a water barrel from his water cart at Cleare's pond (this was situated opposite where the recreation ground is today). The horse was somewhat restive, and Bristowe had just completed his work when, it is thought, the animal took fright and immediately plunged out of the water causing Bristowe to fall between the barrel and the wheel. He remained, thus trapped, until the horse had proceeded up the road for a distance of about 20 yards, when he fell to the ground. Sadly he died the same evening. Bristowe had been employed by Mr J Unite, of Claptons, for some considerable time.

More stories next month.

Appeal Corner

We would love to hear of your memories and/or stories passed down from parents or relatives.

If you have any information please email us on info@localhistorygroup.org.uk or please write the information down (plus your contact details) and pop it into the Flackwell Heath Library, once it reopens. Thank you

Family History Research - please contact Gill Kyle on 01494 436314 or by email donkyle@btinternet.com At present there will not be research sessions in the library, but Gill will be happy to help either by phone or email.

Like us on facebook/
Flackwell Heath,
Loudwater & Wooburn Local
History Group



www.localhistorygroup.org.uk

Poppies for VE Day

The craft club which meets at the library has knitted hundreds of poppies which are now attached to the VE and J constructions built by a member's husband. We may not be able to display this at the war memorial as planned, but we do hope to use it on Remembrance Sunday. With thanks to all those who are still knitting poppies.

Rita Liddiard

The VE construction in its early stages



Martin Adams

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FLACKWELL HEATH COMMUNITY LIBRARY

Don't be bored...there's plenty of books, newspapers, and other services online

All libraries are closed until further notice. All loans have been extended to 30th June. No fines will be charged. Book lending is suspended. However eServices remain available, so, if you're scratching your head thinking of what to do, now that you have done all the outstanding jobs, then take a look online.

- Borrow eBooks. There are thousands of books that can be downloaded to your digital device. These are borrowed for a maximum of 3 weeks when they automatically delete. All you need do is download 'Libby' from your Appstore. You can also put a reserve on books until they become available.

- Read Newspapers. You can read newspapers and download them to your digital device using the 'PressReader' app.

- Read Magazines. Magazines cover all the popular genres. Just download the 'Rbdigital' app.

Find online reference materials. Access newspaper archives, databases, academic research and other reference materials for free.

To find out how to get access to all of these free services go to:
<https://www.buckinghamshire.gov.uk/libraries/search-library-item/>

Our regular activities

All regular activities in the library are suspended until further notice.



Bad Jokes Corner

What do you call a bear with no ears?

A B

What do you call a fly with no wings?

A walk

3D Printers to make Face Masks

Only two or three years ago, 3D printers were the province of geeks and research labs. But prices have tumbled, and if you are prepared to assemble your own from a kit, a machine capable of very good quality results can now be purchased for less than £200.

The commonest type of 3D printer makes plastic models from a long length of filament held on a spool. The filament is melted, and extruded from a fine nozzle. Models are built up layer by layer on a build plate, which can move backwards and forwards. The nozzle is mounted so that it can be moved sideways and up and down to create the desired shape.

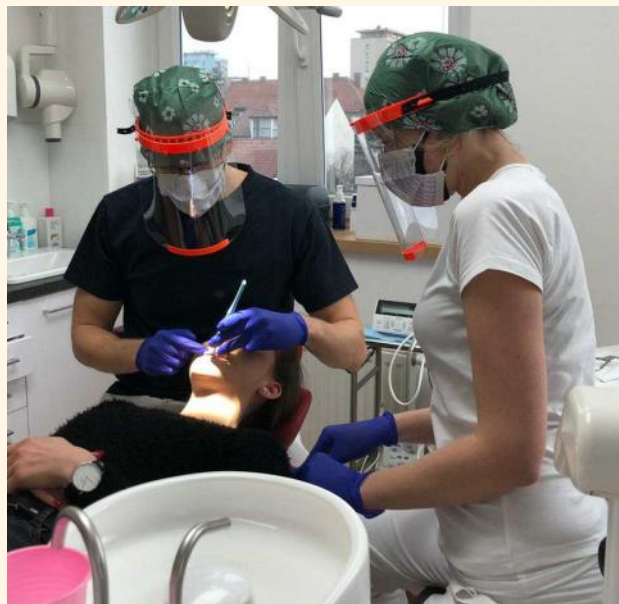
The process isn't very fast on domestic machines: it might take 2 hours or so to make a simple soap dish, for example. But 3D printers don't need any supervision while running. You can set them up, press the go button, and leave them for however long it takes, overnight if necessary.

There are over 2.2 million models that people have already designed and posted on the internet that you can download and print, mostly for free. There is even a search engine (yeggi) dedicated to listing them all. If you are more adventurous, you can create your own designs with Computer Aided Design (CAD) software. There are a dozen or so free CAD programs to choose from, ranging from simple website-based tools to complex programs comparable with the software used by film companies to make CGI effects.

Plastic costs are reasonable: a 1kg spool, which would make 100 models weighing 10g each, is around £18. Most people start with the plastic PLA, as it's the easiest to use. PLA is a bioplastic, manufactured from fermented starch residues left over from sugar cane, beet, and corn processing. It is biodegradable, and can be composted in industrial composters, though it would take a long time to disappear in your garden bin. Other plastics such as ABS and PETG are also used.

Ours has been used to make hooks, cable clips, household gadgets, boxes

and containers, spare parts for a greenhouse and gas fire which are no longer obtainable, replacements for outdoor components where wooden originals have warped and rotted, and many other things.



Much more importantly, at the beginning of April the government finally updated its advice for front-line NHS workers dealing with coronavirus patients to state that they should all be using personal protective equipment (PPE). The shortage of PPE equipment for NHS staff has been widely reported. Within days over 5000 3D printer owners, including the author, had come together in a crowd project called 3DCrowd UK, to make face shields (visors) for the NHS. A Czech design approved by the Czech Health Ministry is being used as there is no UK standard. By keeping their printers running non-stop, this group collectively made around 36,000 visors for front line NHS staff by the start of the Easter weekend. Over the same period there were requests from hospitals, PCTs etc for 340,000 visors. The effort is still ongoing.



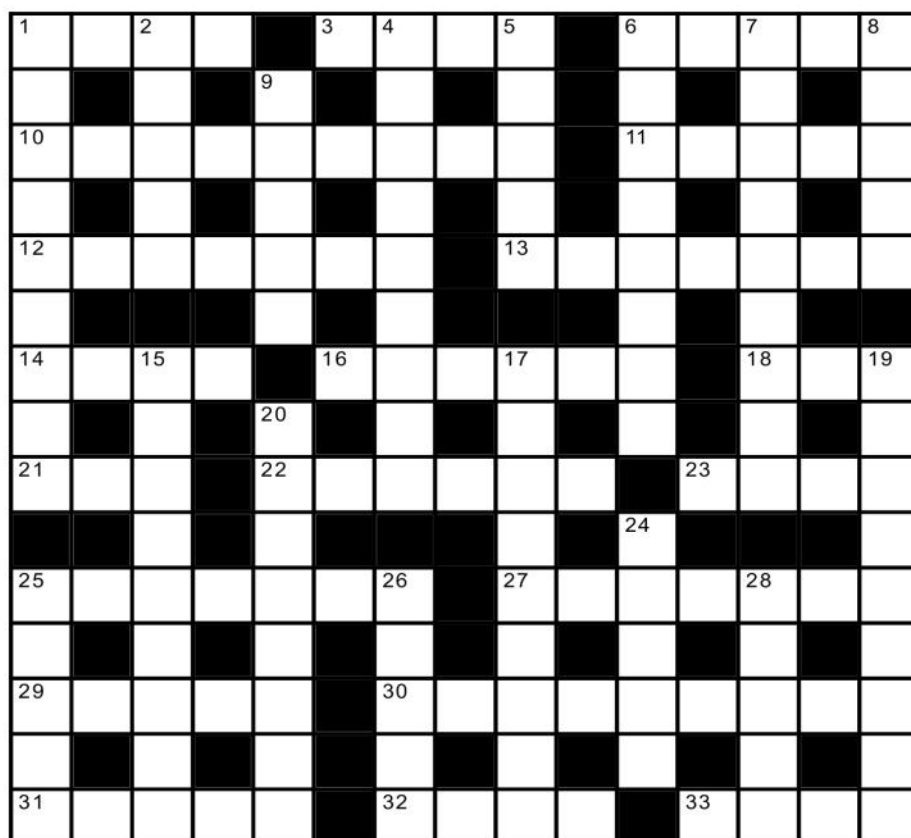
If you have a 3D printer and can volunteer, or if not and you would like to make a donation, please contact the Grapevine for more information.

Malcolm Wiles

The Grapevine Cryptic Crossword 2

Across

- 1 Carry non starter to provide organ (4)
- 3 Irritant misses beginning of problem (4)
- 6 Grab bottle from inside religious leader (5)
- 10 Discount below battery reportedly (9)
- 11 Burst forward on the radio for fabric (5)
- 12 Missile tip at conflict's top (7)
- 13 Improve as Spurs curiously (7)
- 14 Thank business for wrap (4)



16 *I go pale in ship on Flackwell lane* (6)

18 Comes over i and after end (3)

21 I left country and sprinted (3)

22 NE 1 location for everybody? (6)

23 Starting in Scotland I saw an Egyptian goddess (4)

25 Cold icy jagged but smooth scales (7)

27 Hear a cheery song hiding pain (7)

29 Alright in the second half of gamble for Guy (5)

30 Pureness of fickle nice nonce (9)

31 *Inside magnifico staff in Flackwell* (5)

32 Concealed sandy serene Belgium river (4)

33 Manager is bad smell by ship (4)

Down

1 *Flackwell neighbour is boisterous liquid* (9)

2 Drain badly to the bottom (5)

4 *War day tea very steep in flackwell* (9)

5 *Entrances in Flackwell lane?* (5)

6 Stomach muscles at start of training with cunning plan to become incomprehensible (8)

7 *Adorns bra-badly fitting in 1 of 2 in Flackwell* (9)

8 Sounds like crying in rows (5)

9 *Stephen with Queen in The Harbour in Flackwell* (5)

15 Science scam before debts becomes aware (9)

17 *Scotsman gets acid relief without end in 1 of 2 in Flackwell* (3,6)

19 No flavour and tawdry (9)

20 *Won't do a bagel here in Flackwell!* (2,6)

24 Find first trainer at start of event (5)

25 Junior scout in charge of dice like (5)

26 *Flower shop in Flackwell?* (5)

28 Act on terrible melody (5)

Clues in italic refer to Flackwell Heath

There are a mixture of cryptic clues including wordplay, anagrams, hidden words etc.

For hints contact cmted4@yahoo.com

The Golf Course

The residents of Flackwell Heath are very privileged to be able to use the golf course for their exercise. We at the Grapevine are anxious to keep this privilege and would ask you not to abuse it and to refrain from walking on the greens and other close-mown areas. Please keep to the paths or to the long grass and do not use the golf course bins for your dog mess bags. With blossom on the trees throughout the course, this is a wonderful asset and we would request that it is respected.

Jigsaw and Paperback Library

Just when you really need a book or jigsaw to keep you going during Lockdown, our library is unfortunately still closed. Do not despair though, we will be back just as soon as we can. In the meantime save up all your donations for us and they can all be swapped over just as soon as we re-open. We wish all our customers well in this current situation and look forward to seeing you all soon.



Those bin collections

As at time of writing, there are no collections of green (garden waste) bins or food bins. We are advised to compost our waste where possible or to put food waste into the grey bins.

Paper waste and general recycling are being collected by different vans so don't assume you have been missed if only one is taken.

Updated information can be obtained from

<https://www.wycombe.gov.uk/pages/Recycling-and-waste/Bin-collections/Bin-updates.aspx>



CORONA LIMERICK COMPETITION.



For all who take the Grapevine
Are you ready for a spell of brain time ?
Sharpen your pencil and wit
Keep those grey cells fully fit
And compose a Limerick rhyme.

To help get us started....
In a wet market in the state of Wuhan
Someone stewed up a bat and pangolin
I don't know which of the two
Carried the flu
But that's how the pandemic began.

Submit your contribution(s) by e-mail to
grapevine@flackwellheathcommunitycentre.org.uk
and a selection and winner will be published in our June edition.

Flackwild Heath

These wild flower patches should start to come into their own in May so do keep a lookout for them during your permitted exercise. A list of sites was printed in the March Grapevine. Also remember that we are running a photo competition for the best picture. Entries should be emailed to grapevine@flackwellheathcommunitycentre.org.uk stating the location of the picture. For further details, full terms and conditions, or a list of the sites please contact us as above.

Oasis

Oasis is a self-help bereavement group, run by Christ Church, open to all in the locality who have suffered any kind of bereavement.

Normally it meets twice a month on Wednesdays, providing a social opportunity alongside fun activities such as music, craft, talks etc.

During these unprecedented times, the Oasis volunteer team are doing their best to keep in touch with members via regular phone calls. As you can imagine many of those being helped by Oasis are not on the internet and are self-isolating.

As they build up to their 20th anniversary in September, we'll be looking in more depth at Oasis next month.

Sewing for the NHS

Over the past few days many village Flackwell residents have been rummaging through their cupboards and drawers and raiding their sewing boxes for items which can be made into laundry bags and head bands for NHS staff. It's been good for many of us in lockdown to feel that we can lend a helping hand. This initiative, co-ordinated locally by Keely Hammond, has sent 150 headbands and 200 bags to Wycombe and Wexham Park hospitals.



Material cut, washed and ready to sew

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Flackwell Heath Community Association

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Secretary: Chris Thomas
01628 520361
Treasurer: Barrie Walmsley
01628 522016

Centre Bookings
Please use bookings enquiry page to be found on website
www.flackwellheathcommunitycentre.org.uk

Keyholder: Express Video Shop
Reg Charity No. 1044870

Grapevine



Until further notice the Grapevine will be online only and can be found at
flackwellheathcommunitycentre.org.uk.
Follow the links to Grapevine and 2020.

No subscription required

Contact the editorial team at
grapevine@flackwellheathcommunitycentre.org.uk