

THE Grapevine

February 2021

50p

THE NEWSLETTER OF FLACKWELL HEATH COMMUNITY ASSOCIATION



PUBLIC ACCESS DEFIBRILLATOR

The defibrillator that was previously housed at the British Legion club has now been installed on the outer wall of the community centre, by the fire exit doors from the Sarney room. The site was chosen as a central village location: it was not possible to use Sainsbury as they do not own the building. A new cabinet has been funded by Chepping Wycombe Parish Council and the defibrillator was installed at no charge by Councillor Chris Dodds, who is a qualified electrician. Inside the cabinet there is a 5w heater which comes on below 5°C to safeguard against condensation. The Community Association is not responsible for maintenance. Pads and batteries will be replaced on a regular basis (2 and 5 yearly respectively) by a third party. In an emergency you should dial 999 to connect to the ambulance service. The defibrillator has been registered with South Central Ambulance who will provide the code to unlock the box and give any necessary instructions. (There is not currently a location code on the box, but quoting Flackwell Heath Community Centre will be sufficient.)

Coronavirus Vaccination

These details were collated from the government and local surgery websites and are correct at time of writing (17 January). More options may be available by the time you read this, and there may be slight variations in the arrangements depending on which vaccine you receive.

You should not ring your busy GP surgery to enquire about vaccination. You will be automatically invited when your turn comes; it is not possible to be vaccinated unless you have had an invitation. You will need two jabs some weeks apart.

Invitations will come by text, email or phone from your GP, so if you are in a high priority group it's worth keeping an eye out. You may also receive a letter inviting you to make an appointment at a mass vaccination centre - as of Monday 18 January, the nearest one will be Salt Hill Activity Centre in Slough. However, you are not required to attend one of these centres and you may find it more convenient to wait until you are contacted by your GP. The local GP surgeries are currently offering appointments at Adams Park which is reportedly running well with plenty of car parking. The vaccine supply chain could still be a little unreliable, and so you may find that appointments are

Image by Alexandra Koch on Pixabay



made at quite short notice to avoid unnecessary cancellations.

If you need a lift with someone who is not in your household/bubble, you should both wear a mask and keep a car window open. There may be some waiting outdoors, so don't arrive too early and make sure you wrap up warmly. Appointments last about 30 minutes which includes time for some paperwork and a period of 15 minutes afterwards when you must remain under observation.

You may have heard that vaccination centres are now being rolled out in pharmacies, but it is likely that our local pharmacies will be too small to handle the necessary queueing and waiting.

You will have some immunity from about two weeks after the first jab, but you will need the second one for maximum protection. You may also be able to catch the virus without showing any symptoms. Therefore it is very important that you continue to take all precautions.

Had your vaccination? Let us know your experience.

The Flackwell Heath COVID-19 Support Group is back in operation to help those that are genuinely vulnerable (especially those that are deemed to be clinically extremely vulnerable) with shopping or medications. Those that haven't family or friends nearby to assist them should phone David Johncock on 01628 521495.

The Grapevine welcomes your contributions of any kind, by any age group. We don't guarantee to print, but will credit anything that we do.

grapevine@
flackwellheathcommunitycentre.org.uk

NATURE TABLE



Sunset over the fields Photo:Craig Lewis



Kestrel keeps guard over the new sheep: Craig Lewis

Blue Atlas Cedar, *Cedrus atlantica* Glauca Group

On the corner of Chapman Lane and Parkview stands this magnificent Blue Atlas Cedar tree. Another fine example may be seen in Fennels Way. It is one of only two types of tree common in this country which have distinctly blue foliage (the other is the Blue Colorado Spruce). Blue coloured trees occur naturally in the native population, the majority of which has regular green leaves, and range from slightly grey tinged to the much sought after rich blue coloured forms. It is evergreen, so its colour can be appreciated throughout the year.



Cedar trees grow in mountainous regions between 30 and 40 deg N, in three distinct populations. Older textbooks describe trees from each of these regions as distinct species: the Atlas Cedar from the Atlas mountains of N Africa, the Cedar of Lebanon from the Middle East, and the Deodar from the Himalayas. All three are common in parks and country house gardens in this

country, and a Cedar of Lebanon stands on the other side of the gateway to Parkview. More recent thinking based on genetic research is tending to regard the three types as regional varieties of one basic species, so the Blue Atlas Cedar may now also be found labelled as *Cedrus libani* subsp. *atlantica* Glauca Group. In the wild, the Atlas Cedar is categorised as Endangered.

Cedars are not generally suitable for domestic gardens. They grow rapidly into large trees with a wide spread; vast, seemingly ancient specimens that look as if they have been there for millennia are usually less than 200 years old. In some countries, eg the south of France, they are grown for timber, but in this country they have only ornamental uses.

Malcolm Wiles



Home Schooling Maths

Q What did zero say to eight?

A Nice belt!

Q What did one maths book say to the other?

A I've got so many problems

Well, it was a slightly different Christmas this year wasn't it? But at Christ Church we thoroughly enjoyed celebrating together, including through more online content than we could possibly have imagined just twelve months ago. Despite the difficult circumstances, it is clear that Christmas was not cancelled, but that we came at it from a different perspective. In fact, celebrating Christmas as we did this year gave a much-needed injection of hope to complement everyone's eager anticipation of an imminent vaccine rollout, and was the timely strike of a match we needed, bringing light into a dark time, light that shone out alongside all the wonderful displays of Christmas lights across the village.

Our online services continue each Sunday on Facebook, and whether or not you have visited us in-person before, we would love to have you join us online – just go to fb.com/ccfhonline/videos just before 10.30am on Sundays. If you don't have access to the internet but would like to have a chat with a member of our team, we would be delighted to hear from you, just give the office a call



on 01628 533004 and someone will be in touch soon after.

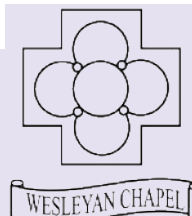
An Update on Our Search for a Vicar – Our preparations for appointing a new vicar are well under way, with our two churchwardens, Paul and Phil, being chosen to represent the church and parish throughout this process. Christ Church is a parish church serving Flackwell Heath, and as such we would hugely appreciate input into this process from people who live right across the village. If you would like to contribute as we discern our hopes for the new vicar, do let us know by contacting the churchwardens (churchwardens@ccfh.org.uk) and we will be in touch shortly with a few quick questions on your thoughts.

☎ 01628 533004

✉ admin@ccfh.org.uk

🌐 www.ccfh.org.uk

📌 Christ Church Flackwell Heath



FLACKWELL HEATH METHODIST CHURCH

At present we are unable to provide physical worship services in our building on Sundays but there are still ways for us to get together and worship online:

There is a regular **SUNDAY MORNING CIRCUIT WORSHIP SERVICE** at 10.30 a.m. which can be accessed from the Marlow Methodist Church website: www.marlowmethodistchurch.org.uk

WESLEY METHODIST CHURCH

is offering a service via YouTube. This will be posted at 10.30 a.m. but can be viewed at any time thereafter. Please see their website or Facebook page for details.

We are running our **PARENT AND TODDLER (PAT) GROUP** and **PLAY & PRAISE** virtually on Wednesday and Friday mornings, respectively. For the foreseeable future our toddler sessions remain virtual, and for security reasons the login details are new each time; these are posted on the Flackwell Heath Wednesday PAT Group Facebook page. For details, please contact our **Community Mission Worker, Vicky Everitt (07979 541874)**.

If you have specific prayer requests or need any information, please contact us on the links below; our Facebook page has regular updates.

www.facebook.com/FlackwellHeathMC
prayer.requests@fhmc.org.uk

Flackwell Local History Group

Did you Know?

Did you know that there was a mansion known as Sedgmoor House in Chapman Lane in the early 1900's. It was later demolished and rebuilt in a more modern style by the builder who built the Orchard Estate opposite?



Appeal Corner – COVID 2020 Scrapbook

It will be interesting for folk in the future to see the goings on in 2020. So we are collecting news items on local community happenings in the three villages (Loudwater, Flackwell Heath and Wooburn Green) during COVID 2020 for a COVID scrapbook for future generations.

We are currently working on VE day commemorations and would love to have copies of any photos you have of street tea parties etc. with details of where the photo was taken and by whom.

If you have any information to send us please

email info@localhistorygroup.org.uk

Family History Research - At present there are no research sessions in the library but if you would like help or guidance please contact **Gill Kyle** on **01494 436314** or by email donkyle@btinternet.com

📌 Like us on facebook
Flackwell Heath, Loudwater & Wooburn Local History Group
www.localhistorygroup.org.uk

A Christmas Story by Josie Emery Year 5 Juniper School

Josie Emery, aged 9, is in Year 5 at Juniper Hill School. She told us she is addicted to books, which would help to explain her wonderful imagination and use of descriptive vocabulary, well above average for her age.

Josie loves cats but her favourite animal is a dragon! You will enjoy Josie's story which is about the adventures of one creature, as he battles to get home in time for Christmas.

I awake from my sleep. I shoot out of the shed I have been sleeping in for so long and start flapping my wings that feel oh so free and I start the most unforgettable journey I have ever had.

I fly high over huge treetops, vast lakes and enormous mountains.

Suddenly the clouds overhead begin to darken. It starts to rain and the snow comes. "Quick," I tell myself, "I must find some shelter and fast!"

Out of the corner of my eye, I can see a hole. It looks small from where I am but when I get near to it, it turns out to be much bigger than I thought. I decide to stay there until the snow passes. But shock strikes my heart as I see who has already taken the hole as their own. A ferret! It comes skulking towards me. "Help!" I wasn't going to wait for this. I fluttered away, leaving the ferret behind.

It was still snowing so this didn't make it easy for me to travel across the vast landscape. It eventually stopped snowing and I had time to stop and take time to refresh. I fluttered down to a



small pond. But I didn't hear the flapping wings of the hawk and its shrill cry as its claws scrabbled furiously at my neck.

I turned around and seeing the hawk, I fluttered behind a large grey rock. I peered around the side of the rock. The

hawk had its back turned, so sensing my chance, I flew far away from the pond.

It was getting dark now. I was flying over the sea when suddenly a bright light shone into my eyes causing me to go spiraling downwards. I thought I was going to splash into the sea and die but I didn't. I landed onto a small boat that was being tossed around wildly by the stormy waves. Suddenly a great big wave went over me preventing me from flying away. Then when all seemed lost, a pair of black gloves reached out for me and everything went dark.

When I awoke, a tall kind faced man was leaning over me, cradling me in a box. Then he picked up the box with me in it, walked outside and lifted up the box. I flew out pleased to be free. I flew over lots of landscape, more mountains and found some homes that I recognised. I flew some more, desperate to find my home. Suddenly there it was. Home! I flew down and saw her. She was overjoyed at having me back. So was a head that had just poked itself out of the window. "Look Dad. Look Mum! The robins are home."

Toes R Us Foot Health

Wendy Mulhall MCFHP MAFHP

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Flackwell Heath Women's Institute

Evening WI



Our December 'meeting' was held on Zoom. We watched a demonstration of Ikebana – Japanese flower arranging. The demonstrator, a Japanese lady called Roriko Kojima, learnt from her mother, but subsequently gained formal qualifications in the art. First she showed us her kimono and sash, as she explained that they can be adjusted to suit all figures and heights – so she can wear some heirlooms. Then she showed us how to construct three separate arrangements on a Christmas theme, one circular, one radial and one in the style of old Japanese wall painting. We were most impressed! A delightful interlude in a gloomy time.



The Institute sent out little Christmas bags with a few small treats to all our members; they were much appreciated.

In January we were invited to join a Zoom meeting hosted by Marsh Meadows WI for John Pearson's talk 'Blessed are the Cheesemakers'. If only we could have tasted his usual samples!

For our own January meeting, 'something completely different' – a talk by Michael Kerry White on being an 'Accidental Actor'. Mr White followed a long career in international technical sales by developing his leisure interest in choral singing into life as a film extra (although they are now called 'supporting artistes'). Starting with singing in the closing



NEIGHBOURHOOD WATCH NEWS

CORONAVIRUS-related scams and fraud (Source: BBC Business News)

1. Fake government emails that look genuine, offering **financial grants** of up to £7,500 to individuals and businesses. They contain links to websites which will 'harvest' your personal/bank data. All **GENUINE** Government communications will come from the **www.gov.uk/** domain
2. Scam emails offering '**COVID-19 relief funds**' which require you to fill in an application form with your personal/bank details.
3. Official-looking emails offering '**Council tax reductions**' – again seeking to obtain your data.
4. **Benefit recipients** are offered help in applying for universal credit, but fraudsters grab some of the payment as an advance for their 'services'.
5. Phishing emails claiming that the recipient has been in **contact with someone diagnosed with COVID-19**. They lead to fake websites that are used to steal personal and financial information or infect devices with malware.
6. **Fake adverts** for non-existent coronavirus-related products, such as hand sanitizer and face masks, which simply take the victim's cash and send them nothing.
7. Fake emails and texts claiming to be from **TV Licensing**, telling people they are eligible for six months for free because of the pandemic. Victims are told there has been a problem with their direct debit and are asked to click on a link that takes them to a fake website, which steals their personal and financial information.
8. Emails asking people to update their **TV subscription services** payment details by clicking on a link which is then used to steal credit card information.
9. **Fake profiles on social media** sites are used to manipulate victims into handing over their money. Criminals will often use the identities of real people to strike up conversation with their targets.

Note also that you will **NEVER** be visited by someone claiming to be from the **NHS**, offering to provide the COVID-19 vaccine. Eligible residents will be contacted by their GP practice in due course, by telephone or email/text message for a local appointment, or by mail from the NHS to use a mass vaccination centre. **ALL** vaccinations are **FREE**. Do **NOT** be fooled by bogus invitations.

STAY HOME, PROTECT THE NHS, SAVE LIVES

David Gresswell – Scheme Co-ordinator, Flackwell Heath
(Tel: 01628 525019 email: flackwell-nhwatch@talktalk.net)

ceremony at the 2012 Olympics, he has poured gravy in an ad, been murdered in a bus shelter by a stranger and in woodland by his wife's lover, and been Elton John's lower body double in £2000 red shoes. In the next, much-delayed, Bond film, he's a baddie (shot by Bond, naturally).

His take home message, not surprisingly, was 'Go and Have a Go, you might surprise yourself'.

February's meeting will also be by Zoom, TBA.

Sue Arnautov

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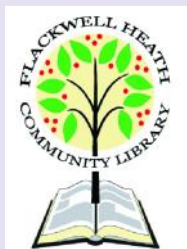
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Libraries are closed...BUT there's lots available Online!

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Read Magazines: A wide range of magazines covering all the popular genres.

There are 18 different reference materials available online from your own devices. These cover:

History & Family history, including newspaper archives going back 200 years

Music & Literature

Business & Careers including IT skills tutorials

General Reference: Encyclopaedia Britannica, Oxford English Dictionary

Ancestry.com: Normally only available free in the library, the publishers have granted expanded free access to any Bucks library user during the pandemic; so now is the time to delve into your family history from the comfort of your own home.

To find out what is available and how to get access to all of these free services go to: <https://www.buckinghamshire.gov.uk/libraries/search-library-item/>

Keep up to date

Please keep an eye on our Facebook page or the library noticeboard for latest news and any changes to library services.

Flackwell Heath Community Library, Chapel Road, Flackwell Heath, HP10 9AA

Tel: 01296 382415 email: fhcl@flackwellheath.net

web: <https://www.buckinghamshire.gov.uk/libraries/>



Mobile Foot Health Practitioner



In these days of lockdown and problems with getting medical appointments, it is good to find a medical service that can be provided in your own home, and which, at the time of writing, is still allowed to continue.

Wendy Mulhall moved to the village in October 2020 and is a qualified and registered Foot Health Practitioner. She moved from Uxbridge, where she still practises, but is looking to expand her work within the Flackwell Heath area.

She did her eighteen months training at the SMAE Institute in Maidenhead about eight years ago and has been practising for eight years. It was a change of career for her after previously working in sales and marketing – useful experience when it came to setting up her own business. She decided she wanted to work with people in the community.

Wendy offers podiatry services such as nail cutting and dealing with corns and provides advice on foot care. Each appointment lasts for about 45 minutes to an hour and her approach is holistic, ending each appointment with a foot massage. An important part of her job is the building of relationships with her clients.

At the moment her work is split evenly between residential or care homes and visits to patients' own homes. She works with a wide variety of people, including those with dementia and various learning disabilities.

Outside her work, Wendy loves dancing and enjoys being involved in amateur dramatics – not that she can do much of these at present.

Anyone interested in a visit can contact Wendy on 01628 310938 or toesrusfoothealth@gmail.com.

Alison Peach



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Kayleigh's Christmas by Lucy Ly Year 6 Carrington School

Lucy Ly, aged 10, is in Year 6 at Carrington Junior School. Like all our winners, Lucy is an avid reader and particularly likes J.K. Rowling's books.

Lucy doesn't have a pet at home but she has six fish. However, Lucy hopes that one day she will have a dog of her own, just like the dog in her story, who really saves Christmas for a lonely elderly lady.

Kayleigh Rodner was a typical elderly lady in her late sixties. She lived alone in a semi-detached house. Her husband had died a couple of years ago and her three sons had moved out to go to college. Sometimes to clear her mind she would take a walk in the parks bringing chunks of bread to feed the ducks.

On a usual Sunday, Kayleigh was slumped on her sofa in her pyjamas. She decided to go outside to the park to get some fresh air. There were several inches of snow so she wrapped up warmly.

It was not an easy trip as every step she took, her boots submerged into the powdery white snow so that her boots were saturated with icy water. "It's too cold, maybe I should head back," said Kayleigh with teeth trembling. But she saw a pair of children having a snowball fight near a set of swings covered in crystallised ice. She looked up at a noisy aeroplane passing above her when suddenly she felt something soft brush against her knees. It was a small Australian terrier. Kayleigh was a major animal lover but she didn't have the money to buy her own. "Hello dear. Oh, are you a stray?" uttered the woman in her most high pitched voice. "Have you got a collar?" said Kayleigh with sympathy in her eyes. She looked underneath the shivering dog's chin but there was nothing except wet, white and crusty fur. "Well, who am I to leave a poor little stray like you? I'd better take you home!" said Kayleigh, eyes fixed on the little dog. Perhaps this Christmas would be the one when she finally had some company at last.

She bathed and fed the dog some chicken and stir fry which were leftovers from yesterday. She walked, cared and gave all the love that she could possibly offer to the little dog.

One unfortunate day, while passing by a frosty lamp post, there was a "Missing" poster indicating a small but clean Australian terrier. She looked down, tears in her eyes at the dog pulling the leash, urging her to carry on with its walk.



The next day she called the number on the poster and got the address. She walked up to the house reluctantly and realised that this might be the last time she would see the dog again.

Kayleigh rang the door bell realising she was giving away a part of her soul. A young English couple opened the door.

"Thank you so much for looking after our Ruby," cried the lady, her eyes blazing with happiness. "My pleasure," said Kayleigh quickly. She couldn't bear to stay for one more second. She turned around with sadness, her head drooping. But suddenly the man cried out "We want to thank you, you see Ruby gave birth to some puppies before she went missing. Our garden just isn't big enough so we want to give her to you. We'd keep her only the house would be 'bulldozed' by them," said the man chuckling.

Kayleigh's spirits brightened "Are you sure" she said with gleaming eyes? "Because she is an absolute sweetheart," said Kayleigh, bursting with joy. Ruby barked and wagged her tail. "Oh and while you are here, would you like to stay with us for Christmas?" said the man hopefully. "I'd love to," cried Kayleigh, her face brightened up. It was the last thing Kayleigh thought would ever happen to her. She wouldn't be spending Christmas alone after all!

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Juniper Hill Book Bench

At the time of writing, on the 20th November 2020, the pupils and teachers of Juniper Hill School are observing strict rules to keep classes apart and the only way they can all meet together is by using technology.

Today I am joining in a meeting, via Zoom, to celebrate the arrival of a very special book bench, which has been created by members of the Bourne End Women's Institute and is currently on loan to Juniper Hill School, before being moved to the Bourne End Library.

The bench has been designed to look like an open book and it is painted with scenes from many much loved, famous children's books.

Remember Paddington Bear (Michael Bond) or Gangster Granny (David Walliams)? You will also find Horrid Henry (Francesca Simon) and Peter Rabbit (Beatrix Potter). Winnie the Pooh is there with his friends Piglet and Christopher Robin. These are just a few of the legendary favourite characters which are illustrated on the bench.

Mrs Jane Clark from the Women's Institute has joined the call to tell the children the story of how the bench began.



"Once upon a time, some members of the Bourne End WI, visited some book benches which had been made to commemorate the wonderful life of Jane Austen. The benches looked like open books that you could sit on and the WI had the idea to create a book bench that would inspire local children to read and write their own stories."

Jane has this sound advice for the Juniper Hill children, "This is just the

beginning and we want to look to the future and the future lies with all you young people. I wonder how your book will begin. I can't wait to open the first page."

Now, we wait to meet a local children's author who is hiding away in one of the windows on our screen. Who can it be?

It's Keith Chatfield, an author whose work was turned into many television programs and who still lives locally.

Keith, a smiling, modest man begins to tell the children how he became a writer of children's books.

"I am still alive! I only live half a mile away from Juniper Hill School, where I taught for the happiest 16 years of my life. I might have even taught your grandparents!"

"I started my writing career by drawing pictures. I would draw a picture every day and then tell my son a story about it. Let me introduce you to one of my favourite characters, Sancho."

"You can see Sancho is mainly one big hat, I drew many pictures of Hatty characters as you can see. A good friend of mine took my Hatty pictures and stories to Thames Television and they agreed to animate my characters in several series of programs called 'Hatty Town'."

"I am really thrilled to be here. Thank you Mrs Clark for including one of my books on this special bench and thank you Mrs Garnett for inviting me. It's lovely to be back in the school which was brand new when I started there."

We finish our fantastic Zoom call with a little prayer led by headmistress, Mrs Claire Garnett.

"Let us take a moment to appreciate the power of books and stories. Let us think how stories enrich our lives when we open a book for the first time. Let us promise to ourselves to read more and watch television less."

Whatever age you are, that is very good advice!

Juliet Bates

This is just a fraction of Juliet's report. The complete version can be found online. Google Flackwell Heath Community Centre and follow links to the Grapevine.



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Centre Bookings

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